



Kent County Resident Survey Summary of Results

December 2016

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Summary of Results

Background

Despite much county-wide data, the Delaware Plan4Health Team desired more targeted data within the county. While there have been various community surveys conducted in this community, the purpose of this survey was to capture specific healthy eating and active living data and identify potential inequities. Results from this survey will help identify priority areas and population groups for policy change and targeted interventions to improve health and equity.

The Delaware Plan4Health Team requested the services of the National Research Center to administer a community survey to residents of Kent County. The National Research Center (NRC) works with nonprofit organization and government agencies in providing research and evaluation services, including survey research. NRC focuses on survey design and analysis, needs assessments, and program evaluation. Their experience and specialty in survey research includes transportation, community health, parks and recreation, human services, and environmental issues.

Through coordination with the Delaware Plan4Health Team, NRC was commissioned to create and conduct a survey to assess the following:

- Health status
- Behaviors related to health eating
- Behaviors related to physical activity and active living
- Perception of the built environment supporting healthy living
- Access to parks and grocery stores
- Barriers related to healthy eating and active living

The 10-to 15-minute phone survey was designed by identifying questions from existing, validated surveys in the literature. Due to the growing trend of cell phones replacing home-based landlines, more than 50% of interviews came from cell phones of residents living in Kent County. As a result, survey administrators began the survey with the qualifying question of determining the callers place of residence.

A total of 500 completed interviews were required for this project, with quotas for race/ethnicity, sex and age by area within Kent County. The first area was the parts of the County within zip codes 19901, 19904, 19952 and 19963. This area was considered to be at higher health risk, based on preliminary equity analysis, and where the grant efforts will be focused. The second area was the rest of the County. With this many quota cells, a flexible approach was taken to filling these quotas.

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Key Findings

Health Status

- Across the entire sample, the majority of respondents stated their health status was very good/excellent. With regards to race, both Non-Hispanic Whites and Blacks stated to have excellent/very good health. However, there was a disparity as it relates to income level such that respondents participating in WIC/SNAP were more likely to state their health as fair/poor.
- Body Mass Index (BMI) was calculated by the respondent's self-reported height and weight. Overall, 32.2% reported to be overweight (BMI=25-29.9), 31.8% reported to be obese (BMI=30-39.9), and 9.3% reported to be morbidly obese (BMI>40).
- Respondents who reported being food insecure, lower income (householder income <\$15,000) and participate in WIC/SNAP, were more likely to be morbidly obese (26%, 18.6%, and 17.2%, respectively).
- In terms of race, non-Hispanic Blacks were more likely to be overweight and obese than non-Hispanic White (76.6% and 73.7%, respectively). For just obesity, the rates for non-Hispanic Blacks and non-Hispanic Whites were 40.4% and 42.9%, respectively.
- According to the Behavioral Risk Factor Surveillance System (BRFSS), Delaware's adult obesity was 29%. These survey findings report higher rate of adult obesity at 41.1%

Healthy Eating/Access to Healthy Foods

- Overall, regardless of demographics, respondents reported not eating the recommended amount of fruits and vegetables each day. Median servings of fruits and vegetables consumed each day was one each.
- As it related to income, average number of vegetables consumed was higher among respondents with higher incomes (>\$65,000). In terms of race, 18.4% of Black respondents averaged eating less than 1 vegetable serving a day, compared to 6.7% of Non-Hispanic Whites.
- A lack of access to healthy food has been linked to increased risk of obesity. Overall, most respondents travel at least 3 miles to get to their food stores with the exception of respondents in ZIP code 19901.
- Most respondents reported using the car/drive to get the food store. However, respondents participating in WIC/SNAP are more likely to use transit/take the bus compared to those who do not participate in WIC/SNAP (9.7% and 0.4%, respectively).
- In terms of food security (having enough to eat), non-Hispanic Blacks were more likely to report being food insecure compared to non-Hispanic Whites (15.2% and 5.0%, respectively). Similarly, those reported participating in WIC/SNAP were more likely to report being food insecure compared to those who do not participate (14.9% and 5.5%, respectively)
- Respondents who reported being food insecure reported they would not likely go to a farmers' market if there was one available compared to those who reported food secure (45.6% and 17.6%, respectively).

Physical Activity/Active Living

- About 70% of respondents reported doing some kind of physical activity (such as walking, exercise, biking, etc.). However, physical activity participation increased with increased income. About 57.2% of respondents with income less than \$15,000 participated in some kind of physical activity compared to 82.6% of those with income greater than \$75,000.
- Respondents living in Dover ZIP codes were more likely to have a park or recreational facility within walking distance compared to rest of Kent County. However, A majority of respondents reported travelling more than 3 miles to reach the nearest park.
- In terms of race, 68.2% Blacks were able to walk, jog or ride a bike to ANY park, outdoor recreation areas, walking paths or bike paths that are near where live compared to 50.4% non-Hispanic Whites.
- About 51.7% respondents reported participating in WIC/SNAP reported being within a 5-minute walk from a park or walking trail compared to 36.3% who do not participate in WIC/SNAP.
- Only 61.0% of respondents with household incomes less than \$15,000 strongly or somewhat agreed to feeling safe from crime if walking in their neighborhoods compared to 91.5% and 95.1% of households with incomes \$60,000-\$74,999 and more than \$75,000, respectively.
- As income increased, the ability to walk to destinations (e.g. restaurants, grocery stores, schools, retail, service, automobile, employment, government, civic organizations, entertainment, religious, and health services) decreased. In addition, perception of sidewalks conditions (e.g. a lot of cracks, lifted sections, tree or bush overgrowth or other problems that make it difficult to walk on them) declined with declining income.
- Respondents living in ZIP codes 19901, 19904 and 19977 were more likely to report having sidewalks in their neighborhoods compared to rest of Kent County. Parks were too far away to participate in physical activity or exercise.
- Respondents living in ZIP codes 19901 and 19977 were more likely to strongly agree with the statement, “It is easy to walk to a bus stop from my home” than the rest of Kent County.

Appendix A: Frequencies of Responses to Survey Questions

The tables below show the frequencies of responses to all survey questions, by area of residence of the respondent. Where differences between areas are statistically significant (tested with chi-square or ANOVA), they are marked in grey.

Table 1: Question #3 by Area with "Don't Know" and "Refused" Responses

I want to start by asking you whether there is any park or walking or biking trail within a 5 minute walk from your home?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Yes	41.4%	31.7%	36.7%
No	53.5%	64.5%	58.8%
Don't Know	4.8%	3.8%	4.3%
Refused	0.3%	0.0%	0.1%
Total	100.0%	100.0%	100.0%

Table 2: Question #3 by Area without "Don't Know" and "Refused" Responses

I want to start by asking you whether there is any park or walking or biking trail within a 5 minute walk from your home?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Yes	43.6%	32.9%	38.4%
No	56.4%	67.1%	61.6%
Total	100.0%	100.0%	100.0%

Table 3: Question #4 by Area with "Don't Know" and "Refused" Responses

Is there a public recreation or fitness center, owned or operated by a city or a parks and recreation district within a 5 minute walk from your home?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Yes	24.9%	16.1%	20.7%
No	69.8%	80.8%	75.1%
Don't Know	5.3%	3.1%	4.2%
Refused	0.0%	0.0%	0.0%
Total	100.0%	100.0%	100.0%

Table 4: Question #4 by Area without "Don't Know" and "Refused" Responses

Is there a public recreation or fitness center, owned or operated by a city or a parks and recreation district within a 5 minute walk from your home?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Yes	26.3%	16.7%	21.6%
No	73.7%	83.3%	78.4%
Total	100.0%	100.0%	100.0%

Table 5: Question #5 by Area with "Don't Know" and "Refused" Responses

How far do you have to travel, whether by foot, bicycle or automobile, to get to the park nearest to you? Would you say . . .	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
0 to 5 blocks	20.4%	6.9%	13.9%
6 to 10 blocks	10.8%	6.0%	8.5%
1 to 2 miles	25.0%	22.8%	23.9%
3 or more miles	36.4%	57.7%	46.7%
Don't Know	7.3%	5.6%	6.5%
Refused	0.0%	1.1%	0.5%
Total	100.0%	100.0%	100.0%

Table 6: Question #5 by Area without "Don't Know" and "Refused" Responses

How far do you have to travel, whether by foot, bicycle or automobile, to get to the park nearest to you? Would you say . . .	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
0 to 5 blocks	22.0%	7.4%	14.9%
6 to 10 blocks	11.7%	6.4%	9.1%
1 to 2 miles	27.0%	24.4%	25.7%
3 or more miles	39.3%	61.8%	50.2%
Total	100.0%	100.0%	100.0%

Table 7: Question #6 by Area with "Don't Know" and "Refused" Responses

How often do you use this park?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Daily	3.4%	2.7%	3.1%
Weekly	10.8%	8.1%	9.5%
Monthly	10.2%	12.0%	11.1%
6 to 11 times a year	11.7%	12.2%	12.0%
1 to 5 times a year	24.5%	26.5%	25.5%
Never	39.0%	36.4%	37.7%
Don't know/Refused	0.3%	2.1%	1.2%
Total	100.0%	100.0%	100.0%

Table 8: Question #6 by Area without "Don't Know" and "Refused" Responses

How often do you use this park?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Daily	5.7%	4.4%	5.1%
Weekly	17.8%	13.1%	15.5%
Monthly	16.8%	19.5%	18.2%
6 to 11 times a year	19.3%	19.8%	19.6%
1 to 5 times a year	40.4%	43.1%	41.7%
Total	100.0%	100.0%	100.0%

Table 9: Question #7 by Area with "Don't Know" and "Refused" Responses*

In general, do you come alone or with others to this park?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Alone	13.9%	8.5%	11.3%
With others	85.5%	91.5%	88.4%
Don't Know/Refused	0.6%	0.0%	0.3%
Total	100.0%	100.0%	100.0%

* Question only asked of those who used park more than "never"

Table 10: Question #7 by Area without "Don't Know" and "Refused" Responses*

In general, do you come alone or with others to this park?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Alone	14.0%	8.5%	11.3%
With others	86.0%	91.5%	88.7%
Total	100.0%	100.0%	100.0%

* Question only asked of those who used park more than "never"

Table 11: Question #8 by Area with "Don't Know" and "Refused" Responses

Are you able to walk, jog, or ride a bike to ANY park, outdoor recreation areas, walking paths or bike paths that are near where you live?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Yes	57.9%	50.1%	54.2%
No	38.3%	45.8%	41.9%
Don't Know	3.4%	3.8%	3.6%
Refused	0.3%	0.3%	0.3%
Total	100.0%	100.0%	100.0%

Table 12: Question #8 by Area without "Don't Know" and "Refused" Responses

Are you able to walk, jog, or ride a bike to ANY park, outdoor recreation areas, walking paths or bike paths that are near where you live?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Yes	60.2%	52.3%	56.4%
No	39.8%	47.7%	43.6%
Total	100.0%	100.0%	100.0%

Table 13: Question #9 by Area with "Don't Know" and "Refused" Responses

Since you told me that you are unable to walk, jog, or ride a bike to any park and/or outdoor recreation areas near where you live, can you tell me which of the following are obstacles for you?*	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Poor maintenance of sidewalks, bike trails, and bike lanes	14.2%	10.0%	12.0%
Lack of sidewalks, crosswalks, and/or pedestrian signals	25.4%	24.7%	25.0%
Lack of bike trails or designated bike lanes	23.1%	18.6%	20.7%
Traffic/dangerous roads	29.9%	33.3%	31.7%
Fear of crime	10.7%	8.1%	9.3%
Too far away	49.0%	46.6%	47.7%
Physically unable to walk, jog, or a ride a bike to the area	35.8%	14.7%	24.7%
Something else	4.0%	8.8%	6.5%
None of these	1.5%	1.4%	1.4%
Don't know/Refused	2.4%	1.3%	1.8%

* Percents may add to more than 100% because respondents could give more than one answer. Question only asked of those who said they were unable to walk, job or ride a bike.

Table 14: Question #9 by Area without "Don't Know" and "Refused" Responses

Since you told me that you are unable to walk, jog, or ride a bike to any park and/or outdoor recreation areas near where you live, can you tell me which of the following are obstacles for you?*	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Poor maintenance of sidewalks, bike trails, and bike lanes	14.5%	10.1%	12.2%
Lack of sidewalks, crosswalks, and/or pedestrian signals	26.1%	25.0%	25.5%
Lack of bike trails or designated bike lanes	23.6%	18.9%	21.1%
Traffic/dangerous roads	30.7%	33.7%	32.3%
Fear of crime	11.0%	8.2%	9.5%
Too far away	50.2%	47.2%	48.6%
Physically unable to walk, jog, or a ride a bike to the area	36.7%	14.9%	25.2%
Something else	4.1%	8.9%	6.7%
None of these	1.6%	1.4%	1.5%

* Percents may add to more than 100% because respondents could give more than one answer. Question only asked of those who said they were unable to walk, job or ride a bike.

Table 15: Question #10 by Area with "Don't Know" and "Refused" Responses

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Yes	65.8%	75.2%	70.3%
No	34.2%	24.3%	29.4%
Don't Know	0.0%	0.3%	0.2%
Refused	0.0%	0.2%	0.1%
Total	100.0%	100.0%	100.0%

Table 16: Question #10 by Area without "Don't Know" and "Refused" Responses

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Yes	65.8%	75.5%	70.5%
No	34.2%	24.5%	29.5%
Total	100.0%	100.0%	100.0%

Table 17: Question #11 to #21, Entire Kent County with "Don't Know" and "Refused" Responses

I am going to read you a series of statements, and for each, I'd like you to tell me whether you "strongly agree," "somewhat agree," "somewhat disagree" or "strongly disagree" with each.	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree	Don't Know/Refused	Total
I feel safe from crime if I walk in my neighborhood	55.3%	29.0%	6.6%	7.0%	2.1%	100.0%
I feel safe from traffic if I walk in my neighborhood	50.7%	26.5%	8.6%	13.3%	0.8%	100.0%
There are sidewalks on most streets in my neighborhood	36.9%	7.0%	6.3%	48.9%	1.0%	100.0%
The sidewalks in my neighborhood have a lot of cracks, lifted sections, tree or bush overgrowth or other problems that make it difficult to walk on them.	13.1%	16.8%	19.8%	46.4%	3.9%	100.0%
It is easy to walk to a bus stop from my home.	27.9%	14.5%	6.5%	39.8%	11.2%	100.0%
There are many places to be physically active in my community not including streets for walking or jogging.	23.6%	25.3%	15.2%	34.3%	1.6%	100.0%
There are many destinations within walking distance from my home, like restaurants, grocery stores, schools, retail, service, automobile, employment, government, civic organizations, entertainment, religious, and health services.	22.2%	19.0%	13.1%	45.2%	0.5%	100.0%
I can do most of my shopping at local stores.	60.2%	22.2%	5.6%	10.8%	1.2%	100.0%
It is easy to buy fresh fruits and vegetables in my neighborhood.	42.5%	18.9%	13.0%	25.1%	0.5%	100.0%
The fresh produce in my neighborhood is of high quality.	36.6%	32.9%	8.5%	18.3%	3.7%	100.0%
There is a large selection of fresh fruits and vegetables in my neighborhood.	36.1%	26.7%	11.4%	24.0%	1.7%	100.0%

**Table 18: Question #11 to #21, Area 1: 19901, 19904, 19952, 19963
with "Don't Know" and "Refused" Responses**

I am going to read you a series of statements, and for each, I'd like you to tell me whether you "strongly agree," "somewhat agree," "somewhat disagree" or "strongly disagree" with each.	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree	Don't Know/Refused	Total
I feel safe from crime if I walk in my neighborhood	47.1%	35.8%	7.2%	8.6%	1.3%	100.0%
I feel safe from traffic if I walk in my neighborhood	46.7%	27.6%	9.5%	16.0%	0.3%	100.0%
There are sidewalks on most streets in my neighborhood	43.8%	7.9%	7.1%	40.7%	0.4%	100.0%
The sidewalks in my neighborhood have a lot of cracks, lifted sections, tree or bush overgrowth or other problems that make it difficult to walk on them.	16.1%	19.5%	24.1%	37.7%	2.7%	100.0%
It is easy to walk to a bus stop from my home.	33.3%	14.3%	7.4%	31.8%	13.2%	100.0%
There are many places to be physically active in my community not including streets for walking or jogging.	25.2%	27.6%	16.0%	30.1%	1.1%	100.0%
There are many destinations within walking distance from my home, like restaurants, grocery stores, schools, retail, service, automobile, employment, government, civic organizations, entertainment, religious, and health services.	29.0%	24.4%	13.7%	32.6%	0.3%	100.0%
I can do most of my shopping at local stores.	67.3%	19.1%	4.6%	8.0%	1.0%	100.0%
It is easy to buy fresh fruits and vegetables in my neighborhood.	52.8%	16.7%	10.2%	19.6%	0.6%	100.0%
The fresh produce in my neighborhood is of high quality.	39.2%	34.0%	8.5%	14.6%	3.7%	100.0%
There is a large selection of fresh fruits and vegetables in my neighborhood.	41.8%	27.8%	10.2%	18.3%	1.9%	100.0%

Table 19: Question #11 to #21, Area 2: Rest of Kent County with "Don't Know" and "Refused" Responses

I am going to read you a series of statements, and for each, I'd like you to tell me whether you "strongly agree," "somewhat agree," "somewhat disagree" or "strongly disagree" with each.	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree	Don't Know/Refused	Total
I feel safe from crime if I walk in my neighborhood	64.0%	21.8%	6.0%	5.3%	2.9%	100.0%
I feel safe from traffic if I walk in my neighborhood	55.0%	25.3%	7.7%	10.5%	1.4%	100.0%
There are sidewalks on most streets in my neighborhood	29.4%	5.9%	5.4%	57.7%	1.6%	100.0%
The sidewalks in my neighborhood have a lot of cracks, lifted sections, tree or bush overgrowth or other problems that make it difficult to walk on them.	8.5%	12.8%	13.4%	59.6%	5.7%	100.0%
It is easy to walk to a bus stop from my home.	22.2%	14.7%	5.6%	48.4%	9.2%	100.0%
There are many places to be physically active in my community not including streets for walking or jogging.	21.8%	22.9%	14.3%	38.8%	2.1%	100.0%
There are many destinations within walking distance from my home, like restaurants, grocery stores, schools, retail, service, automobile, employment, government, civic organizations, entertainment, religious, and health services.	15.0%	13.2%	12.4%	58.6%	0.8%	100.0%
I can do most of my shopping at local stores.	52.7%	25.5%	6.6%	13.7%	1.5%	100.0%
It is easy to buy fresh fruits and vegetables in my neighborhood.	31.5%	21.2%	16.0%	31.0%	0.3%	100.0%
The fresh produce in my neighborhood is of high quality.	33.7%	31.7%	8.6%	22.2%	3.8%	100.0%
There is a large selection of fresh fruits and vegetables in my neighborhood.	30.0%	25.6%	12.7%	30.2%	1.5%	100.0%

Table 20: Question #11 to #21, Entire Kent County without "Don't Know" and "Refused" Responses

I am going to read you a series of statements, and for each, I'd like you to tell me whether you "strongly agree," "somewhat agree," "somewhat disagree" or "strongly disagree" with each.	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree	Total
I feel safe from crime if I walk in my neighborhood	56.4%	29.7%	6.8%	7.1%	100.0%
I feel safe from traffic if I walk in my neighborhood	51.1%	26.7%	8.7%	13.4%	100.0%
There are sidewalks on most streets in my neighborhood	37.2%	7.0%	6.3%	49.4%	100.0%
The sidewalks in my neighborhood have a lot of cracks, lifted sections, tree or bush overgrowth or other problems that make it difficult to walk on them.	13.6%	17.5%	20.6%	48.3%	100.0%
It is easy to walk to a bus stop from my home.	31.4%	16.4%	7.3%	44.9%	100.0%
There are many places to be physically active in my community not including streets for walking or jogging.	24.0%	25.8%	15.4%	34.9%	100.0%
There are many destinations within walking distance from my home, like restaurants, grocery stores, schools, retail, service, automobile, employment, government, civic organizations, entertainment, religious, and health services.	22.3%	19.1%	13.2%	45.4%	100.0%
I can do most of my shopping at local stores.	61.0%	22.5%	5.7%	10.9%	100.0%
It is easy to buy fresh fruits and vegetables in my neighborhood.	42.7%	18.9%	13.1%	25.3%	100.0%
The fresh produce in my neighborhood is of high quality.	38.0%	34.1%	8.9%	19.0%	100.0%
There is a large selection of fresh fruits and vegetables in my neighborhood.	36.8%	27.2%	11.6%	24.4%	100.0%

**Table 21: Question #11 to #21, Area 1: 19901, 19904, 19952, 19963
without "Don't Know" and "Refused" Responses**

I am going to read you a series of statements, and for each, I'd like you to tell me whether you "strongly agree," "somewhat agree," "somewhat disagree" or "strongly disagree" with each.	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree	Total
I feel safe from crime if I walk in my neighborhood	47.7%	36.3%	7.3%	8.7%	100.0%
I feel safe from traffic if I walk in my neighborhood	46.8%	27.7%	9.5%	16.0%	100.0%
There are sidewalks on most streets in my neighborhood	44.0%	7.9%	7.1%	40.9%	100.0%
The sidewalks in my neighborhood have a lot of cracks, lifted sections, tree or bush overgrowth or other problems that make it difficult to walk on them.	16.5%	20.0%	24.8%	38.7%	100.0%
It is easy to walk to a bus stop from my home.	38.3%	16.5%	8.5%	36.7%	100.0%
There are many places to be physically active in my community not including streets for walking or jogging.	25.5%	27.9%	16.2%	30.5%	100.0%
There are many destinations within walking distance from my home, like restaurants, grocery stores, schools, retail, service, automobile, employment, government, civic organizations, entertainment, religious, and health services.	29.0%	24.5%	13.8%	32.7%	100.0%
I can do most of my shopping at local stores.	67.9%	19.3%	4.7%	8.1%	100.0%
It is easy to buy fresh fruits and vegetables in my neighborhood.	53.2%	16.8%	10.2%	19.8%	100.0%
The fresh produce in my neighborhood is of high quality.	40.7%	35.3%	8.8%	15.2%	100.0%
There is a large selection of fresh fruits and vegetables in my neighborhood.	42.7%	28.3%	10.4%	18.6%	100.0%

**Table 22: Question #11 to #21, Area 2: Rest of Kent County
without "Don't Know" and "Refused" Responses**

I am going to read you a series of statements, and for each, I'd like you to tell me whether you "strongly agree," "somewhat agree," "somewhat disagree" or "strongly disagree" with each.	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree	Total
I feel safe from crime if I walk in my neighborhood	65.9%	22.4%	6.2%	5.4%	100.0%
I feel safe from traffic if I walk in my neighborhood	55.8%	25.7%	7.8%	10.7%	100.0%
There are sidewalks on most streets in my neighborhood	29.9%	6.0%	5.5%	58.6%	100.0%
The sidewalks in my neighborhood have a lot of cracks, lifted sections, tree or bush overgrowth or other problems that make it difficult to walk on them.	9.0%	13.5%	14.2%	63.2%	100.0%
It is easy to walk to a bus stop from my home.	24.4%	16.2%	6.1%	53.3%	100.0%
There are many places to be physically active in my community not including streets for walking or jogging.	22.3%	23.4%	14.6%	39.6%	100.0%
There are many destinations within walking distance from my home, like restaurants, grocery stores, schools, retail, service, automobile, employment, government, civic organizations, entertainment, religious, and health services.	15.1%	13.3%	12.5%	59.1%	100.0%
I can do most of my shopping at local stores.	53.5%	25.8%	6.7%	13.9%	100.0%
It is easy to buy fresh fruits and vegetables in my neighborhood.	31.6%	21.2%	16.1%	31.1%	100.0%
The fresh produce in my neighborhood is of high quality.	35.0%	32.9%	8.9%	23.1%	100.0%
There is a large selection of fresh fruits and vegetables in my neighborhood.	30.5%	26.0%	12.9%	30.6%	100.0%

Table 23: Built Environment Indices by Area

Built Environment Indices 4=strongly agree, 3=somewhat agree, 2=somewhat disagree, 1=strongly disagree	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Access to fruits and vegetables in neighborhood	3.111	2.761	2.941
Ease of walking and being physically active in neighborhood	2.534	2.092	2.321
Safety walking in neighborhood	3.076	3.325	3.196

Table 24: Question #22 by Area with "Don't Know" and "Refused" Responses

Thinking about the store where you buy most of your food, how do you usually travel to this store?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Car/Drive	95.3%	95.4%	95.3%
Take a bus or other public transit	2.9%	0.4%	1.7%
Walk	1.8%	3.1%	2.4%
Bicycle	0.0%	0.3%	0.2%
Other	0.0%	0.8%	0.4%
Refused	0.0%	0.0%	0.0%
Total	100.0%	100.0%	100.0%

Table 25: Question #22 by Area without "Don't Know" and "Refused" Responses

Thinking about the store where you buy most of your food, how do you usually travel to this store?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Car/Drive	95.3%	95.4%	95.3%
Take a bus or other public transit	2.9%	0.4%	1.7%
Walk	1.8%	3.1%	2.4%
Bicycle	0.0%	0.3%	0.2%
Other	0.0%	0.8%	0.4%
Total	100.0%	100.0%	100.0%

Table 26: Question #23 by Area with "Don't Know" and "Refused" Responses

How far do you have to travel, whether by foot, bicycle or automobile, to get to this store? Would you say . . .	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
0 to 5 blocks	10.0%	8.2%	9.1%
6 to 10 blocks	9.9%	5.5%	7.8%
1 to 2 miles	38.5%	12.6%	26.0%
3 or more miles	38.1%	71.6%	54.3%
Don't Know	3.6%	2.1%	2.9%
Refused	0.0%	0.0%	0.0%
Total	100.0%	100.0%	100.0%

Table 27: Question #23 by Area without "Don't Know" and "Refused" Responses

How far do you have to travel, whether by foot, bicycle or automobile, to get to this store? Would you say . . .	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
0 to 5 blocks	10.3%	8.4%	9.4%
6 to 10 blocks	10.2%	5.6%	8.0%
1 to 2 miles	39.9%	12.9%	26.8%
3 or more miles	39.5%	73.1%	55.9%
Total	100.0%	100.0%	100.0%

Table 28: Question #24 by Area with "Don't Know" and "Refused" Responses

How important is the quality of foods available in your decision to shop at the store where you buy most of your food?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Very important	72.7%	71.7%	72.2%
Important	14.3%	14.8%	14.5%
Somewhat important	12.5%	10.6%	11.6%
Not at all important	.6%	3.0%	1.7%
Don't Know	0.0%	0.0%	0.0%
Refused (DNR)	0.0%	0.0%	0.0%
Total	100.0%	100.0%	100.0%

Table 29: Question #24 by Area without "Don't Know" and "Refused" Responses

How important is the quality of foods available in your decision to shop at the store where you buy most of your food?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Very important	72.7%	71.7%	72.2%
Important	14.3%	14.8%	14.5%
Somewhat important	12.5%	10.6%	11.6%
Not at all important	0.6%	3.0%	1.7%
Total	100.0%	100.0%	100.0%

Table 30: Question #25 by Area with "Don't Know" and "Refused" Responses

And what about the prices of foods? Would you say . . .	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Very important	62.6%	54.2%	58.6%
Important	15.4%	22.0%	18.6%
Somewhat important	19.9%	19.8%	19.8%
Not at all important	1.7%	2.8%	2.2%
Don't Know	0.0%	1.2%	0.6%
Refused (DNR)	0.4%	0.0%	0.2%
Total	100.0%	100.0%	100.0%

Table 31: Question #25 by Area without "Don't Know" and "Refused" Responses

And what about the prices of foods? Would you say . . .	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Very important	62.8%	54.9%	59.0%
Important	15.5%	22.3%	18.8%
Somewhat important	19.9%	20.0%	20.0%
Not at all important	1.7%	2.8%	2.3%
Total	100.0%	100.0%	100.0%

Table 32: Question #26 by Area with "Don't Know" and "Refused" Responses

When you eat out at a restaurant or get take-out food, how important to you is convenience? Would you say . . .	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Very important	35.2%	35.2%	35.2%
Important	16.0%	17.2%	16.6%
Somewhat important	36.5%	36.2%	36.4%
Not at all important	11.4%	8.6%	10.0%
Don't Know	0.3%	2.4%	1.3%
Refused (DNR)	0.5%	0.4%	0.5%
Total	100.0%	100.0%	100.0%

Table 33: Question #26 by Area without "Don't Know" and "Refused" Responses

When you eat out at a restaurant or get take-out food, how important to you is convenience? Would you say . . .	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Very important	35.5%	36.2%	35.8%
Important	16.2%	17.7%	16.9%
Somewhat important	36.9%	37.3%	37.0%
Not at all important	11.5%	8.8%	10.2%
Total	100.0%	100.0%	100.0%

Table 34: Question #27 by Area with "Don't Know" and "Refused" Responses

Not counting juice, how often do you eat fruit?	Average amount per day		Average amount per week		Average amount per month		Average amount per year		Percent saying "never"	Percent saying "don't know"	Percent refusing
Area 1	2.03	N=143	2.79	N=87	1.69	N=11	1.00	N=1	3.0%	2.9%	0.3%
Area 2	2.30	N=129	2.65	N=92	3.61	N=11	4.37	N=4	1.1%	1.3%	0.3%
Overall	2.15	N=272	2.72	N=179	2.62	N=22	3.56	N=5	2.1%	2.1%	0.3%

Table 35: Question #28 by Area with "Don't Know" and "Refused" Responses

How often do you eat green salad?	Average amount per day		Average amount per week		Average amount per month		Average amount per year		Percent saying "never"	Percent saying "don't know"	Percent refusing
Area 1	1.55	N=47	2.41	N=157	2.34	N=32	3.00	N=1	7.7%	0.5%	0.3%
Area 2	1.86	N=52	2.61	N=153	2.42	N=21	4.34	N=3	3.4%	1.6%	0.3%
Overall	1.71	N=99	2.51	N=310	2.37	N=52	4.11	N=4	5.6%	1.1%	0.3%

Table 36: Question #29 by Area with "Don't Know" and "Refused" Responses

How often do you eat potatoes not including French fries, fried potatoes, or potato chips?	Average amount per day		Average amount per week		Average amount per month		Average amount per year		Percent saying "never"	Percent saying "don't know"	Percent refusing
Area 1	1.38	N=15	2.05	N=172	2.19	N=57	3.64	N=2	3.5%	1.0%	0.3%
Area 2	1.10	N=11	2.14	N=171	2.09	N=38	2.04	N=5	5.6%	1.0%	0.3%
Overall	1.26	N=27	2.09	N=342	2.15	N=95	2.49	N=7	4.5%	1.0%	0.3%

Table 37: Question #30 by Area with "Don't Know" and "Refused" Responses

How often do you eat carrots?	Average amount per day		Average amount per week		Average amount per month		Average amount per year		Percent saying "never"	Percent saying "don't know"	Percent refusing
Area 1	1.13	N=15	1.96	N=111	2.18	N=75	2.97	N=8	15.1%	3.7%	0.3%
Area 2	1.18	N=18	2.26	N=127	2.15	N=54	3.55	N=6	13.3%	1.6%	0.3%
Overall	1.16	N=33	2.12	N=238	2.17	N=129	3.21	N=14	14.2%	2.7%	0.3%

Table 38: Question #31 by Area with "Don't Know" and "Refused" Responses

Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat?	Average amount per day		Average amount per week		Average amount per month		Average amount per year		Percent saying "never"	Percent saying "don't know"	Percent refusing
Area 1	1.95	N=177	3.94	N=59	3.52	N=12	---	N=0	.8%	3.1%	0.3%
Area 2	1.99	N=174	4.27	N=52	4.68	N=6	2.00	N=1	1.1%	2.3%	0.3%
Overall	1.97	N=351	4.09	N=110	3.91	N=18	2.00	N=1	1.0%	2.7%	0.3%

Table 39: Fruit and Vegetable Consumption by Area

	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Average number of times fruits, not including juices, consumed per day	1.296	1.400	1.346
Median number of times fruits, not including juices, consumed per day	1.000	1.000	1.000
Percent eating less than one fruit per day	41.8%	45.5%	43.6%
Average number of times green salad consumed per day	0.507	0.654	0.578
Median number of times green salad consumed per day	0.286	0.429	0.286
Average number of times potatoes, not including french fries or chips, consumed per day	0.296	0.282	0.289
Median number of times potatoes, not including french fries or chips, consumed per day	0.143	0.286	0.167
Average number of times carrots consumed per day	0.252	0.316	0.284
Median number of times carrots consumed per day	0.143	0.143	0.143
Average number of other vegetable servings consumed per day	1.524	1.613	1.567
Median number of other vegetable servings consumed per day	1.000	1.000	1.000
Average number of vegetables servings consumed per day	2.481	2.773	2.622
Median number of vegetables servings consumed per day	2.267	2.286	2.276
Percent eating less than one vegetable serving per day	14.2%	8.3%	11.4%

Table 40: Question #32 by Area with "Don't Know" and "Refused" Responses

Which of these statements best describes the food eaten in your household in the last 12 months. Would you say . . .	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
I/we have enough of the kinds of food (I/we) want to eat	67.6%	72.0%	69.7%
I/we have enough, but not always the kinds of food (I/we) want	23.2%	22.3%	22.8%
Sometimes not enough to eat	4.1%	3.9%	4.0%
Often not enough to eat	3.9%	1.6%	2.8%
Don't Know/Refused	1.2%	0.3%	0.8%
Total	100.0%	100.0%	100.0%

Table 41: Question #32 by Area without "Don't Know" and "Refused" Responses

Which of these statements best describes the food eaten in your household in the last 12 months. Would you say . . .	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
I/we have enough of the kinds of food (I/we) want to eat	68.5%	72.2%	70.3%
I/we have enough, but not always the kinds of food (I/we) want	23.5%	22.4%	22.9%
Sometimes not enough to eat	4.1%	3.9%	4.0%
Often not enough to eat	4.0%	1.6%	2.8%
Total	100.0%	100.0%	100.0%

Table 42: Question #33 by Area with "Don't Know" and "Refused" Responses

How likely, if at all, are you to shop at a farmers market if there is one available? Would you say . . .	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Not at all likely	13.6%	9.0%	11.4%
Somewhat likely	20.6%	18.4%	19.5%
Likely	21.8%	19.9%	20.9%
Very Likely	43.6%	51.9%	47.6%
Don't Know/Refused	0.3%	0.8%	0.5%
Total	100.0%	100.0%	100.0%

Table 43: Question #33 by Area without "Don't Know" and "Refused" Responses

How likely, if at all, are you to shop at a farmers market if there is one available? Would you say . . .	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Not at all likely	13.7%	9.1%	11.5%
Somewhat likely	20.7%	18.5%	19.6%
Likely	21.9%	20.1%	21.0%
Very Likely	43.7%	52.3%	47.9%
Total	100.0%	100.0%	100.0%

Table 44: Question #34 by Area with "Don't Know" and "Refused" Responses

Would you say in general your health is	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Excellent	14.3%	15.9%	15.1%
Very good	33.1%	38.6%	35.8%
Good	31.6%	27.3%	29.5%
Fair	14.3%	12.2%	13.2%
Poor	6.4%	5.0%	5.7%
Don't Know/Refused	0.3%	1.0%	0.6%
Total	100.0%	100.0%	100.0%

Table 45: Question #34 by Area without "Don't Know" and "Refused" Responses

Would you say in general your health is	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Excellent	14.3%	16.0%	15.1%
Very good	33.2%	39.1%	36.0%
Good	31.7%	27.6%	29.7%
Fair	14.3%	12.3%	13.3%
Poor	6.4%	5.0%	5.8%
Total	100.0%	100.0%	100.0%

Table 46: Question #35 by Area with "Don't Know" and "Refused" Responses

Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Service?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Yes	93.0%	93.2%	93.1%
No	5.4%	6.4%	5.9%
Don't Know/Not sure	1.4%	0.4%	0.9%
Refused	0.3%	0.0%	0.1%
Total	100.0%	100.0%	100.0%

Table 47: Question #35 by Area without "Don't Know" and "Refused" Responses

Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Service?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Yes	94.5%	93.6%	94.1%
No	5.5%	6.4%	5.9%
Total	100.0%	100.0%	100.0%

Table 48: Question #36 by Area with "Don't Know" and "Refused" Responses

Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Yes	12.7%	8.8%	10.8%
No	85.8%	90.8%	88.2%
Don't Know/Not sure	1.0%	0.4%	0.7%
Refused	0.5%	0.0%	0.3%
Total	100.0%	100.0%	100.0%

Table 49: Question #36 by Area without "Don't Know" and "Refused" Responses

Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Yes	12.9%	8.8%	10.9%
No	87.1%	91.2%	89.1%
Total	100.0%	100.0%	100.0%

Table 50: Question #37 by Area with "Don't Know" and "Refused" Responses

In which age category may I place you? Are you between:	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
18 and 34 years of age	34.5%	27.2%	31.0%
35 and 44 years of age	11.7%	19.4%	15.4%
45 and 54 years of age	19.6%	17.7%	18.7%
55 and 64 years of age	15.8%	20.0%	17.8%
65 or older	18.5%	14.8%	16.7%
Refused	0.0%	0.8%	0.4%
Total	100.0%	100.0%	100.0%

Table 51: Question #37 by Area without "Don't Know" and "Refused" Responses

In which age category may I place you? Are you between:	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
18 and 34 years of age	34.5%	27.5%	31.1%
35 and 44 years of age	11.7%	19.6%	15.5%
45 and 54 years of age	19.6%	17.8%	18.7%
55 and 64 years of age	15.8%	20.2%	17.9%
65 or older	18.5%	14.9%	16.8%
Total	100.0%	100.0%	100.0%

Table 52: Question #38 by Area with "Don't Know" and "Refused" Responses

Are you Hispanic, Latino/a, or Spanish origin?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Yes	4.1%	4.2%	4.2%
No	95.5%	95.4%	95.4%
Refused	0.4%	0.4%	0.4%
Total	100.0%	100.0%	100.0%

Table 53: Question #38 by Area without "Don't Know" and "Refused" Responses

Are you Hispanic, Latino/a, or Spanish origin?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Yes	4.1%	4.2%	4.2%
No	95.9%	95.8%	95.8%
Total	100.0%	100.0%	100.0%

Table 54: Question #39 by Area with "Don't Know" and "Refused" Responses

Which one or more of the following would you say is your race?*	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
White	64.4%	76.2%	70.1%
Black or African American	26.1%	15.0%	20.7%
Asian	2.9%	1.2%	2.1%
Native American, that is American Indian or Alaska Native	0.5%	1.5%	1.0%
Pacific Islander	1.0%	0.0%	0.5%
Other	7.6%	7.2%	7.4%
Refused	0.8%	0.4%	0.6%

* Percents may add to more than 100% because respondents could give more than one answer. Question only asked of those who said they were unable to walk, job or ride a bike.

Table 55: Question #39 by Area without "Don't Know" and "Refused" Responses

Which one or more of the following would you say is your race?*	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
White	64.9%	76.6%	70.6%
Black or African American	26.3%	15.0%	20.8%
Asian	2.9%	1.2%	2.1%
Native American, that is American Indian or Alaska Native	.5%	1.6%	1.0%
Pacific Islander	1.0%	.0%	.5%
Other	7.7%	7.2%	7.5%

* Percents may add to more than 100% because respondents could give more than one answer. Question only asked of those who said they were unable to walk, job or ride a bike.

Table 56: Question #40 by Area with "Don't Know" and "Refused" Responses

Are you currently . . .	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Employed for wages	53.3%	55.9%	54.5%
Self-employed	6.2%	7.2%	6.7%
Out of work for 1 year or more	2.1%	3.2%	2.6%
Out of work for less than 1 year	2.7%	1.8%	2.3%
A Homemaker	5.5%	3.3%	4.5%
A Student	4.0%	4.1%	4.1%
Retired	19.6%	16.7%	18.2%
Unable to work	5.9%	7.8%	6.8%
Refused	0.6%	0.0%	0.3%
Total	100.0%	100.0%	100.0%

Table 57: Question #40 by Area without "Don't Know" and "Refused" Responses

Are you currently . . .	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Employed for wages	53.6%	55.9%	54.7%
Self-employed	6.3%	7.2%	6.7%
Out of work for 1 year or more	2.1%	3.2%	2.6%
Out of work for less than 1 year	2.7%	1.8%	2.3%
A Homemaker	5.5%	3.3%	4.5%
A Student	4.0%	4.1%	4.1%
Retired	19.7%	16.7%	18.3%
Unable to work	6.0%	7.8%	6.9%
Total	100.0%	100.0%	100.0%

Table 58: Question #41 by Area with "Don't Know" and "Refused" Responses

What is the highest grade or year of school you completed?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Did not complete high school	5.4%	5.1%	5.2%
High school graduate or GED	28.5%	30.0%	29.2%
Some college	24.0%	21.1%	22.6%
Associate's degree	9.9%	8.8%	9.4%
Bachelor's degree	17.7%	19.1%	18.4%
Graduate degree	14.1%	15.3%	14.7%
Don't Know/Refused	0.4%	0.6%	0.5%
Total	100.0%	100.0%	100.0%

Table 59: Question #41 by Area without "Don't Know" and "Refused" Responses

What is the highest grade or year of school you completed?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Did not complete high school	5.4%	5.1%	5.3%
High school graduate or GED	28.6%	30.2%	29.4%
Some college	24.1%	21.2%	22.7%
Associate's degree	10.0%	8.9%	9.4%
Bachelor's degree	17.8%	19.2%	18.5%
Graduate degree	14.1%	15.4%	14.7%
Total	100.0%	100.0%	100.0%

Table 60: Question #42 by Area with "Don't Know" and "Refused" Responses

Do any children less than 18 years of age live in your household?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Yes	35.0%	32.0%	33.5%
No	64.7%	67.5%	66.1%
Refused	0.4%	0.4%	0.4%
Total	100.0%	100.0%	100.0%

Table 61: Question #42 by Area without "Don't Know" and "Refused" Responses

Do any children less than 18 years of age live in your household?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Yes	35.1%	32.2%	33.7%
No	64.9%	67.8%	66.3%
Total	100.0%	100.0%	100.0%

Table 62: Question #43 by Area with "Don't Know" and "Refused" Responses

How many adults age 18 or older are in your household?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
1	29.3%	21.8%	25.7%
2	46.2%	50.6%	48.3%
3	15.3%	15.3%	15.3%
4	4.3%	7.2%	5.7%
5	1.8%	2.0%	1.9%
6	1.1%	0.9%	1.0%
7	0.4%	0.0%	0.2%
9	0.3%	0.0%	0.2%
11	0.3%	0.6%	0.4%
Refused	0.7%	1.6%	1.2%
Total	100.0%	100.0%	100.0%

Table 63: Question #43 by Area without "Don't Know" and "Refused" Responses

How many adults age 18 or older are in your household?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
1	29.5%	22.2%	26.0%
2	46.5%	51.4%	48.9%
3	15.5%	15.5%	15.5%
4	4.4%	7.3%	5.8%
5	1.9%	2.0%	2.0%
6	1.2%	0.9%	1.0%
7	0.4%	0.0%	0.2%
9	0.3%	0.0%	0.2%
11	0.3%	0.6%	0.5%
Total	100.0%	100.0%	100.0%

Table 64: Question #43 by Area with "Don't Know" and "Refused" Responses

How many adults age 18 or older are in your household?	Average percent of adults age 18 or older		Percent saying "refused"
Area 1: 19901, 19904, 19952, 19963	2.12	N=257	0.7%
Area 2: Rest of Kent County	2.23	N=238	1.6%
Overall	2.17	N=494	1.2%

Table 65: Question #44 by Area with "Don't Know" and "Refused" Responses

Is your home rented or owned?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Rented	40.4%	16.0%	28.6%
Owned	58.8%	82.4%	70.2%
Don't Know/Refused	0.8%	1.7%	1.2%
Total	100.0%	100.0%	100.0%

Table 66: Question #44 by Area without "Don't Know" and "Refused" Responses

Is your home rented or owned?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Rented	40.7%	16.2%	28.9%
Owned	59.3%	83.8%	71.1%
Total	100.0%	100.0%	100.0%

Table 67: Question #45 by Area with "Don't Know" and "Refused" Responses

What is the ZIP Code where you live?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
19701	0.0%	0.4%	0.2%
19709	0.0%	1.2%	0.6%
19711	0.0%	0.4%	0.2%
19713	0.0%	0.4%	0.2%
19734	0.0%	0.3%	0.2%
19809	0.0%	0.4%	0.2%
19901	48.9%	0.0%	25.3%
19902	0.0%	0.3%	0.1%
19904	36.1%	0.0%	18.7%
19924	0.0%	0.3%	0.2%
19934	0.0%	15.1%	7.3%
19938	0.0%	3.4%	1.6%
19942	0.0%	0.3%	0.2%
19943	0.0%	15.0%	7.3%
19944	0.0%	0.5%	0.2%
19946	0.0%	4.8%	2.3%
19947	0.0%	0.3%	0.2%
19950	0.0%	0.3%	0.1%
19952	11.8%	0.0%	6.1%
19953	0.0%	7.0%	3.4%
19954	0.0%	3.0%	1.4%
19961	0.0%	0.6%	0.3%
19962	0.0%	15.5%	7.5%
19963	3.1%	0.0%	1.6%
19964	0.0%	0.8%	0.4%
19977	0.0%	20.0%	9.7%
19980	0.0%	0.3%	0.1%
19990	0.0%	0.7%	0.3%
19993	0.0%	0.4%	0.2%
19994	0.0%	0.3%	0.1%
19996	0.0%	0.4%	0.2%
19997	0.0%	0.6%	0.3%
Don't Know/Refused	0.0%	7.0%	3.4%
Total	100.0%	100.0%	100.0%

Table 68: Question #45 by Area without "Don't Know" and "Refused" Responses

What is the ZIP Code where you live?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
19701	0.0%	0.4%	0.2%
19709	0.0%	1.3%	0.6%
19711	0.0%	0.4%	0.2%
19713	0.0%	0.4%	0.2%
19734	0.0%	0.3%	0.2%
19809	0.0%	0.4%	0.2%
19901	48.9%	0.0%	26.2%
19902	0.0%	0.3%	0.2%
19904	36.1%	0.0%	19.3%
19924	0.0%	0.3%	0.2%
19934	0.0%	16.3%	7.6%
19938	0.0%	3.7%	1.7%
19942	0.0%	0.3%	0.2%
19943	0.0%	16.2%	7.5%
19944	0.0%	0.5%	0.2%
19946	0.0%	5.2%	2.4%
19947	0.0%	0.3%	0.2%
19950	0.0%	0.3%	0.1%
19952	11.8%	0.0%	6.3%
19953	0.0%	7.5%	3.5%
19954	0.0%	3.2%	1.5%
19961	0.0%	0.6%	0.3%
19962	0.0%	16.6%	7.7%
19963	3.1%	0.0%	1.7%
19964	0.0%	0.8%	0.4%
19977	0.0%	21.5%	10.0%
19980	0.0%	0.3%	0.1%
19990	0.0%	0.8%	0.4%
19993	0.0%	0.4%	0.2%
19994	0.0%	0.3%	0.1%
19996	0.0%	0.5%	0.2%
19997	0.0%	0.7%	0.3%
Total	100.0%	100.0%	100.0%

Table 69: Question #47 by Area with "Don't Know" and "Refused" Responses

Do you or anyone in your household participate in WIC or SNAP? (SNAP is also known as food stamps)?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Yes	17.7%	10.3%	14.1%
No	81.6%	89.1%	85.3%
Refused	0.7%	0.6%	0.6%
Total	100.0%	100.0%	100.0%

Table 70: Question #47 by Area without "Don't Know" and "Refused" Responses

Do you or anyone in your household participate in WIC or SNAP? (SNAP is also known as food stamps)?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Yes	17.8%	10.3%	14.2%
No	82.2%	89.7%	85.8%
Total	100.0%	100.0%	100.0%

Table 71: Question #48 by Area with "Don't Know" and "Refused" Responses

Is your annual household income from all sources . . .	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Less than \$15,000	9.3%	6.8%	8.1%
\$15,000 to \$24,999	16.7%	10.5%	13.7%
\$25,000 to \$39,999	19.2%	12.8%	16.1%
\$40,000 to \$59,999	12.8%	16.0%	14.3%
\$60,000 to \$74,999	9.0%	7.8%	8.4%
\$75,000 or more	24.9%	32.1%	28.4%
Refused	8.1%	14.1%	11.0%
Total	100.0%	100.0%	100.0%

Table 72: Question #48 by Area without "Don't Know" and "Refused" Responses

Is your annual household income from all sources . . .	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Less than \$15,000	10.1%	7.9%	9.1%
\$15,000 to \$24,999	18.2%	12.2%	15.4%
\$25,000 to \$39,999	20.9%	14.9%	18.1%
\$40,000 to \$59,999	13.9%	18.6%	16.1%
\$60,000 to \$74,999	9.8%	9.0%	9.5%
\$75,000 or more	27.1%	37.3%	31.9%
Total	100.0%	100.0%	100.0%

Table 73: Average Body Mass Index by Area

Body Mass Index	Average Body Mass Index	
Area 1: 19901, 19904, 19952, 19963	32.93	N=249
Area 2: Rest of Kent County	35.54	N=234
Overall	34.20	N=483

Table 74: BMI by Area

Body Mass Index	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Underweight (BMI < 18.5)	1.8%	1.1%	1.5%
Normal weight (BMI 18.5 to 24.9)	28.7%	21.4%	25.2%
Overweight (BMI 25 to 29.9)	31.5%	33.0%	32.2%
Obese (BMI 30 to 39.9)	29.7%	34.1%	31.8%
Morbidly obese (BMI 40 or higher)	8.3%	10.4%	9.3%
Total	100.0%	100.0%	100.0%

Table 75: Question #54 by Area

Respondent Gender	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Male	46.2%	48.5%	47.3%
Female	53.8%	51.5%	52.7%
Total	100.0%	100.0%	100.0%

Table 76: Question #51 by Area

Would you be interested in receiving information from Kent County about this plan as the process continues?	Area 1: 19901, 19904, 19952, 19963	Area 2: Rest of Kent County	Overall
Yes	26.3%	28.5%	27.4%
Yes, by e-mail only	3.5%	5.1%	4.3%
Yes, by mail only	2.6%	3.6%	3.1%
No	65.8%	62.0%	64.0%
Don't Know / Refused	1.8%	0.9%	1.4%
Total	100.0%	100.0%	100.0%

Appendix B: Comparisons of Selected Survey Results by Selected Respondent Characteristics

The following pages compare selected survey results by selected respondent characteristics. Cells shaded grey indicated statistically significant differences between population subgroups ($p \leq .05$).

Table 77: Percent of respondents in each of the crosstabulation categories

		Percent of respondents
Race/Ethnicity	Non-Hispanic White	66.7%
	Other	33.3%
	Total	100.0%
Participation in SNAP or WIC	Participate in WIC or SNAP	14.2%
	Do not participate	85.8%
	Total	100.0%
Which of these statements best describes the food eaten in your household in the last 12 months. Would you say...	I/we have enough of the kinds of food (I/we) want to eat	70.3%
	I/we have enough, but not always the kinds of food (I/we) want	22.9%
	Sometimes not enough to eat	4.0%
	Often not enough to eat	2.8%
	Total	100.0%
Annual Household Income	Less than \$15,000	8.1%
	\$15,000 to \$24,999	13.7%
	\$25,000 to \$39,999	16.1%
	\$40,000 to \$59,999	14.3%
	\$60,000 to \$74,999	8.4%
	\$75,000 or more	28.4%
	Refused	11.0%
	Total	100.0%
Location	19901	25.3%
	19904	18.7%
	19977	9.7%
	19962	7.5%
	19943	7.3%
	19934	7.3%
	Others	24.3%
	Total	100.0%

Table 78: Questions #3, #4, #8, #10 by Race/Ethnicity and Participation in SNAP/WIC

Item average	Non-Hispanic White	Black or African American	Other	Participate in WIC or SNAP	Do not participate	Overall
Percent with a park or walking or biking trail within a 5 minute walk from home	35.5%	48.9%	37.4%	51.7%	36.3%	38.4%
Percent with a public recreation or fitness center within a 5 minute walk from home	19.7%	27.4%	23.3%	29.2%	20.5%	21.6%
Percent able to walk, jog or ride a bike to ANY park, outdoor recreation areas, walking paths or bike paths that are near where live	50.4%	68.2%	66.8%	61.5%	55.3%	56.4%
Percent who participated in any physical activities or exercises	73.6%	62.2%	67.5%	65.8%	71.6%	70.5%

Table 79: Questions #3, #4, #8, #10 by Food Security Status

Item average	I/we have enough of the kinds of food (I/we) want to eat	I/we have enough, but not always the kinds of food (I/we) want	Sometimes not enough to eat	Often not enough to eat
Percent with a park or walking or biking trail within a 5 minute walk from home	39.7%	32.6%	42.3%	44.3%
Percent with a public recreation or fitness center within a 5 minute walk from home	22.4%	19.0%	18.9%	28.3%
Percent able to walk, jog or ride a bike to ANY park, outdoor recreation areas, walking paths or bike paths that are near where live	57.3%	50.3%	65.7%	71.9%
Percent who participated in any physical activities or exercises	72.6%	67.4%	73.0%	50.4%

Table 80: Questions #3, #4, #8, #10 by Annual Household Income

Item average	Less than \$15,000	\$15,000 to \$24,999	\$25,000 to \$39,999	\$40,000 to \$59,999	\$60,000 to \$74,999	\$75,000 or more	Refused
Percent with a park or walking or biking trail within a 5 minute walk from home	34.5%	40.0%	45.8%	36.4%	50.0%	32.8%	36.8%
Percent with a public recreation or fitness center within a 5 minute walk from home	38.3%	19.6%	31.3%	13.3%	20.0%	19.3%	15.9%
Percent able to walk, jog or ride a bike to ANY park, outdoor recreation areas, walking paths or bike paths that are near where live	60.9%	41.9%	65.8%	50.9%	62.2%	57.4%	58.0%
Percent who participated in any physical activities or exercises	57.2%	61.0%	57.0%	72.7%	80.1%	82.6%	70.4%

Table 81: Questions #3, #4, #8, #10 by Zip Code

Item average	19901	19904	19977	19962	19943	19934	Others
Percent with a park or walking or biking trail within a 5 minute walk from home	51.6%	39.7%	53.0%	26.6%	24.8%	27.4%	29.3%
Percent with a public recreation or fitness center within a 5 minute walk from home	23.6%	29.4%	33.5%	5.9%	10.2%	18.5%	18.0%
Percent able to walk, jog or ride a bike to ANY park, outdoor recreation areas, walking paths or bike paths that are near where live	63.9%	57.9%	71.4%	45.6%	61.0%	51.6%	45.6%
Percent who participated in any physical activities or exercises	72.2%	55.8%	85.3%	87.0%	80.9%	68.2%	66.7%

Table 82: Question #5 by Race/Ethnicity and Participation in SNAP/WIC

How far do you have to travel, whether by foot, bicycle or automobile, to get to the park nearest to you? Would you say . . .	Non-Hispanic White	Black or African American	Other	Participate in WIC or SNAP	Do not participate	Overall
0 to 5 blocks	11.3%	27.0%	13.1%	16.4%	14.8%	14.9%
6 to 10 blocks	7.7%	15.6%	6.3%	19.4%	7.6%	9.1%
1 to 2 miles	26.4%	22.9%	26.4%	17.1%	27.1%	25.7%
3 or more miles	54.5%	34.4%	54.3%	47.2%	50.5%	50.2%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 83: Question #5 by Food Security Status

How far do you have to travel, whether by foot, bicycle or automobile, to get to the park nearest to you? Would you say . . .	I/we have enough of the kinds of food (I/we) want to eat	I/we have enough, but not always the kinds of food (I/we) want	Sometimes not enough to eat	Often not enough to eat
0 to 5 blocks	16.3%	13.8%	.0%	7.6%
6 to 10 blocks	8.4%	10.2%	9.7%	20.7%
1 to 2 miles	27.6%	24.0%	18.8%	.0%
3 or more miles	47.7%	51.9%	71.5%	71.7%
Total	100.0%	100.0%	100.0%	100.0%

Table 84: Question #5 by Annual Household Income

How far do you have to travel, whether by foot, bicycle or automobile, to get to the park nearest to you? Would you say . . .	Less than \$15,000	\$15,000 to \$24,999	\$25,000 to \$39,999	\$40,000 to \$59,999	\$60,000 to \$74,999	\$75,000 or more	Refused
0 to 5 blocks	13.9%	19.2%	22.1%	7.9%	14.6%	11.9%	18.7%
6 to 10 blocks	13.4%	18.7%	9.3%	10.9%	8.5%	3.7%	7.3%
1 to 2 miles	17.7%	18.5%	17.6%	27.5%	34.5%	31.8%	25.4%
3 or more miles	54.9%	43.6%	51.0%	53.7%	42.4%	52.6%	48.5%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 85: Question #5 by Zip Code

How far do you have to travel, whether by foot, bicycle or automobile, to get to the park nearest to you? Would you say . . .	19901	19904	19977	19962	19943	19934	Others
0 to 5 blocks	21.9%	23.1%	22.3%	0.0%	0.0%	6.6%	10.1%
6 to 10 blocks	12.2%	14.9%	12.3%	1.2%	4.4%	6.0%	5.0%
1 to 2 miles	28.0%	25.2%	37.9%	24.0%	25.3%	33.5%	17.1%
3 or more miles	37.9%	36.7%	27.5%	74.8%	70.3%	53.9%	67.7%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 86: Questions #11 through #21 by Race/Ethnicity and Participation in SNAP/WIC

Percent with an opinion who "strongly" or "somewhat agree"	Non-Hispanic White	Black or African American	Other	Participate in WIC or SNAP	Do not participate	Overall
I feel safe from crime if I walk in my neighborhood	89.4%	79.0%	82.8%	76.8%	88.0%	86.1%
I feel safe from traffic if I walk in my neighborhood	77.9%	71.7%	88.3%	66.3%	79.6%	77.9%
There are sidewalks on most streets in my neighborhood	36.1%	64.5%	53.5%	51.4%	43.4%	44.3%
The sidewalks in my neighborhood have a lot of cracks, lifted sections, tree or bush overgrowth or other problems that make it difficult to walk on them	27.8%	35.4%	33.9%	54.6%	25.9%	31.1%
It is easy to walk to a bus stop from my home	40.7%	64.0%	55.8%	57.4%	46.1%	47.8%
There are many places to be physically active in my community not including streets for walking or jogging	47.6%	51.3%	60.1%	50.7%	49.7%	49.7%
There are many destinations within walking distance from my home, like restaurants, grocery stores, schools, retail, service, automobile, employment, government, civic organizations, entertainment, religious, and health services	35.4%	54.1%	50.0%	42.6%	41.3%	41.4%
I can do most of my shopping at local stores	81.8%	85.4%	88.0%	83.4%	83.5%	83.4%
It is easy to buy fresh fruits and vegetables in my neighborhood	60.9%	60.8%	66.4%	64.1%	61.5%	61.7%
The fresh produce in my neighborhood is of high quality	71.7%	69.8%	78.4%	71.2%	72.2%	72.1%
There is a large selection of fresh fruits and vegetables in my neighborhood	64.0%	61.8%	68.4%	62.0%	64.3%	64.0%

Table 87: Questions #11 through #21 by Food Security Status

Percent with an opinion who "strongly" or "somewhat agree"	I/we have enough of the kinds of food (I/we) want to eat	I/we have enough, but not always the kinds of food (I/we) want	Sometimes not enough to eat	Often not enough to eat
I feel safe from crime if I walk in my neighborhood	91.7%	82.6%	46.9%	40.6%
I feel safe from traffic if I walk in my neighborhood	82.3%	68.1%	47.1%	88.3%
There are sidewalks on most streets in my neighborhood	44.5%	45.6%	31.5%	49.0%
The sidewalks in my neighborhood have a lot of cracks, lifted sections, tree or bush overgrowth or other problems that make it difficult to walk on them	27.2%	35.7%	69.4%	47.8%
It is easy to walk to a bus stop from my home	45.0%	55.7%	42.2%	61.9%
There are many places to be physically active in my community not including streets for walking or jogging	53.6%	39.4%	28.9%	60.3%
There are many destinations within walking distance from my home, like restaurants, grocery stores, schools, retail, service, automobile, employment, government, civic organizations, entertainment, religious, and health services	39.5%	38.5%	55.8%	81.6%
I can do most of my shopping at local stores	86.8%	72.7%	74.7%	95.0%
It is easy to buy fresh fruits and vegetables in my neighborhood	65.7%	50.8%	33.3%	80.4%
The fresh produce in my neighborhood is of high quality	76.5%	63.2%	38.4%	80.4%
There is a large selection of fresh fruits and vegetables in my neighborhood	68.4%	57.1%	25.1%	59.8%

Table 88: Questions #11 through #21 by Annual Household Income

Percent with an opinion who "strongly" or "somewhat agree"	Less than \$15,000	\$15,000 to \$24,999	\$25,000 to \$39,999	\$40,000 to \$59,999	\$60,000 to \$74,999	\$75,000 or more	Refused
I feel safe from crime if I walk in my neighborhood	61.0%	71.5%	85.9%	89.7%	91.5%	95.1%	89.3%
I feel safe from traffic if I walk in my neighborhood	67.0%	63.3%	76.2%	78.1%	88.2%	85.5%	78.4%
There are sidewalks on most streets in my neighborhood	44.7%	49.1%	50.7%	44.6%	49.1%	36.6%	44.0%
The sidewalks in my neighborhood have a lot of cracks, lifted sections, tree or bush overgrowth or other problems that make it difficult to walk on them	49.7%	48.1%	35.4%	19.3%	10.8%	25.1%	28.2%
It is easy to walk to a bus stop from my home	70.2%	56.7%	56.8%	47.2%	44.7%	38.6%	29.8%
There are many places to be physically active in my community not including streets for walking or jogging	51.3%	41.3%	48.5%	48.6%	46.3%	56.6%	47.0%
There are many destinations within walking distance from my home, like restaurants, grocery stores, schools, retail, service, automobile, employment, government, civic organizations, entertainment, religious, and health services	57.2%	48.1%	50.1%	41.4%	41.7%	32.2%	32.5%
I can do most of my shopping at local stores	77.4%	78.9%	87.8%	76.9%	83.5%	87.2%	86.0%
It is easy to buy fresh fruits and vegetables in my neighborhood	70.4%	61.1%	60.3%	45.7%	61.4%	68.9%	60.2%
The fresh produce in my neighborhood is of high quality	70.4%	69.3%	70.5%	60.1%	76.6%	81.7%	67.2%
There is a large selection of fresh fruits and vegetables in my neighborhood	66.2%	62.5%	63.6%	46.9%	73.8%	71.0%	61.4%

Table 89: Questions #11 through #21 by Zip Code

Percent with an opinion who "strongly" or "somewhat agree"	19901	19904	19977	19962	19943	19934	Others
I feel safe from crime if I walk in my neighborhood	80.8%	85.1%	95.2%	94.0%	83.9%	91.3%	85.4%
I feel safe from traffic if I walk in my neighborhood	80.1%	70.6%	87.3%	81.3%	80.3%	79.9%	74.8%
There are sidewalks on most streets in my neighborhood	48.5%	61.5%	78.5%	25.4%	23.6%	15.4%	33.9%
The sidewalks in my neighborhood have a lot of cracks, lifted sections, tree or bush overgrowth or other problems that make it difficult to walk on them	43.1%	31.7%	29.1%	3.7%	5.9%	59.9%	22.1%
It is easy to walk to a bus stop from my home	66.6%	43.4%	56.5%	36.9%	39.8%	28.2%	41.8%
There are many places to be physically active in my community not including streets for walking or jogging	61.8%	44.6%	59.4%	49.9%	37.0%	53.5%	39.7%
There are many destinations within walking distance from my home, like restaurants, grocery stores, schools, retail, service, automobile, employment, government, civic organizations, entertainment, religious, and health services	60.4%	47.9%	57.6%	16.0%	11.3%	24.8%	31.8%
I can do most of my shopping at local stores	92.1%	81.2%	92.9%	89.0%	66.3%	92.7%	73.1%
It is easy to buy fresh fruits and vegetables in my neighborhood	74.5%	62.0%	65.6%	35.5%	39.9%	66.5%	59.7%
The fresh produce in my neighborhood is of high quality	76.5%	77.6%	71.4%	66.7%	62.7%	71.1%	68.5%
There is a large selection of fresh fruits and vegetables in my neighborhood	73.6%	66.9%	65.5%	47.7%	44.8%	62.9%	62.4%

Table 90: Questions #11 through #21 by Race/Ethnicity and Participation in SNAP/WIC

Average rating where 4=strongly agree, 3=somewhat agree, 2=somewhat disagree, 1=strongly disagree	Non-Hispanic White	Black or African American	Other	Participate in WIC or SNAP	Do not participate	Overall
I feel safe from crime if I walk in my neighborhood	3.424	3.175	3.349	3.127	3.396	3.354
Here's the next statement: I feel safe from traffic if I walk in my neighborhood Would you say you...	3.124	3.082	3.456	2.922	3.191	3.155
There are sidewalks on most streets in my neighborhood	2.093	2.867	2.623	2.534	2.293	2.321
The sidewalks in my neighborhood have a lot of cracks, lifted sections, tree or bush overgrowth or other problems that make it difficult to walk on them. (AS NECESSARY:) Would you say you...	1.866	2.117	2.031	2.531	1.837	1.963
It is easy to walk to a bus stop from my home.	2.151	2.700	2.723	2.529	2.309	2.343
There are many places to be physically active in my community not including streets for walking or jogging.	2.308	2.481	2.704	2.360	2.399	2.388
There are many destinations within walking distance from my home, like restaurants, grocery stores, schools, retail, service, automobile, employment, government, civic organizations, entertainment, religious, and health services.	2.001	2.611	2.423	2.345	2.156	2.183
I can do most of my shopping at local stores.	3.292	3.416	3.419	3.415	3.322	3.335
It is easy to buy fresh fruits and vegetables in my neighborhood.	2.756	2.806	2.922	2.851	2.784	2.791
The fresh produce in my neighborhood is of high quality.	2.911	2.892	2.957	2.950	2.905	2.911
There is a large selection of fresh fruits and vegetables in my neighborhood.	2.764	2.746	2.819	2.763	2.764	2.763

Table 91: Questions #11 through #21 by Food Security Status

Average rating where 4=strongly agree, 3=somewhat agree, 2=somewhat disagree, 1=strongly disagree	I/we have enough of the kinds of food (I/we) want to eat	I/we have enough, but not always the kinds of food (I/we) want	Sometimes not enough to eat	Often not enough to eat
I feel safe from crime if I walk in my neighborhood	3.517	3.174	2.391	2.396
Here's the next statement: I feel safe from traffic if I walk in my neighborhood Would you say you...	3.271	2.910	2.374	3.412
There are sidewalks on most streets in my neighborhood	2.325	2.373	1.746	2.733
The sidewalks in my neighborhood have a lot of cracks, lifted sections, tree or bush overgrowth or other problems that make it difficult to walk on them. (AS NECESSARY:) Would you say you...	1.864	2.055	2.834	2.573
It is easy to walk to a bus stop from my home.	2.288	2.516	1.992	2.856
There are many places to be physically active in my community not including streets for walking or jogging.	2.501	2.117	1.839	2.466
There are many destinations within walking distance from my home, like restaurants, grocery stores, schools, retail, service, automobile, employment, government, civic organizations, entertainment, religious, and health services.	2.095	2.165	2.744	3.374
I can do most of my shopping at local stores.	3.434	3.044	2.930	3.640
It is easy to buy fresh fruits and vegetables in my neighborhood.	2.881	2.572	2.018	3.167
The fresh produce in my neighborhood is of high quality.	3.014	2.702	2.017	3.087
There is a large selection of fresh fruits and vegetables in my neighborhood.	2.862	2.596	1.878	2.736

Table 92: Questions #11 through #21 by Annual Household Income

Average rating where 4=strongly agree, 3=somewhat agree, 2=somewhat disagree, 1=strongly disagree	Less than \$15,000	\$15,000 to \$24,999	\$25,000 to \$39,999	\$40,000 to \$59,999	\$60,000 to \$74,999	\$75,000 or more	Refused
I feel safe from crime if I walk in my neighborhood	2.906	2.895	3.338	3.380	3.440	3.608	3.501
Here's the next statement: I feel safe from traffic if I walk in my neighborhood Would you say you...	3.003	2.780	3.046	3.201	3.353	3.370	3.129
There are sidewalks on most streets in my neighborhood	2.408	2.442	2.535	2.328	2.379	2.105	2.292
The sidewalks in my neighborhood have a lot of cracks, lifted sections, tree or bush overgrowth or other problems that make it difficult to walk on them. (AS NECESSARY:) Would you say you...	2.582	2.371	2.088	1.607	1.555	1.794	1.799
It is easy to walk to a bus stop from my home.	2.818	2.508	2.559	2.323	2.382	2.133	1.927
There are many places to be physically active in my community not including streets for walking or jogging.	2.406	2.234	2.333	2.338	2.480	2.497	2.358
There are many destinations within walking distance from my home, like restaurants, grocery stores, schools, retail, service, automobile, employment, government, civic organizations, entertainment, religious, and health services.	2.691	2.381	2.341	2.226	2.183	1.915	1.968
I can do most of my shopping at local stores.	3.218	3.204	3.420	3.258	3.342	3.395	3.404
It is easy to buy fresh fruits and vegetables in my neighborhood.	3.114	2.710	2.856	2.515	2.829	2.877	2.667
The fresh produce in my neighborhood is of high quality.	3.000	2.812	2.887	2.669	3.062	3.079	2.780
There is a large selection of fresh fruits and vegetables in my neighborhood.	2.955	2.715	2.750	2.414	2.966	2.899	2.651

Table 93: Questions #11 through #21 by Zip Code

Average rating where 4=strongly agree, 3=somewhat agree, 2=somewhat disagree, 1=strongly disagree	19901	19904	19977	19962	19943	19934	Others
I feel safe from crime if I walk in my neighborhood	3.144	3.260	3.605	3.516	3.388	3.585	3.417
Here's the next statement: I feel safe from traffic if I walk in my neighborhood Would you say you...	3.231	2.930	3.540	3.185	3.231	3.178	3.055
There are sidewalks on most streets in my neighborhood	2.445	2.841	3.225	1.782	1.830	1.547	1.983
The sidewalks in my neighborhood have a lot of cracks, lifted sections, tree or bush overgrowth or other problems that make it difficult to walk on them. (AS NECESSARY:) Would you say you...	2.240	2.041	1.746	1.258	1.231	2.583	1.872
It is easy to walk to a bus stop from my home.	2.878	2.290	2.569	1.950	2.111	1.854	2.134
There are many places to be physically active in my community not including streets for walking or jogging.	2.680	2.309	2.737	2.232	2.094	2.392	2.138
There are many destinations within walking distance from my home, like restaurants, grocery stores, schools, retail, service, automobile, employment, government, civic organizations, entertainment, religious, and health services.	2.707	2.370	2.602	1.568	1.339	1.812	1.877
I can do most of my shopping at local stores.	3.576	3.384	3.485	3.429	2.937	3.581	3.008
It is easy to buy fresh fruits and vegetables in my neighborhood.	3.143	2.856	2.759	2.092	2.215	2.918	2.740
The fresh produce in my neighborhood is of high quality.	2.997	3.057	2.788	2.693	2.720	2.997	2.859
There is a large selection of fresh fruits and vegetables in my neighborhood.	3.011	2.813	2.734	2.266	2.358	2.820	2.740

Table 94: Built Environment Indices by Race/Ethnicity and Participation in SNAP/WIC

Average rating where 4=strongly agree, 3=somewhat agree, 2=somewhat disagree, 1=strongly disagree	Non-Hispanic White	Black or African American	Other	Participate in WIC or SNAP	Do not participate	Overall
Access to fruits and vegetables in neighborhood	2.923	2.959	3.008	2.988	2.935	2.941
Ease of walking and being physically active in neighborhood	2.151	2.673	2.635	2.446	2.303	2.321
Safety walking in neighborhood	3.237	3.030	3.295	2.924	3.241	3.196

Table 95: Built Environment Indices by Food Security Status

Average rating where 4=strongly agree, 3=somewhat agree, 2=somewhat disagree, 1=strongly disagree	I/we have enough of the kinds of food (I/we) want to eat	I/we have enough, but not always the kinds of food (I/we) want	Sometimes not enough to eat	Often not enough to eat
Access to fruits and vegetables in neighborhood	3.036	2.724	2.211	3.161
Ease of walking and being physically active in neighborhood	2.315	2.298	2.080	2.874
Safety walking in neighborhood	3.337	2.986	2.335	2.778

Table 96: Built Environment Indices by Annual Household Income

Average rating where 4=strongly agree, 3=somewhat agree, 2=somewhat disagree, 1=strongly disagree	Less than \$15,000	\$15,000 to \$24,999	\$25,000 to \$39,999	\$40,000 to \$59,999	\$60,000 to \$74,999	\$75,000 or more	Refused
Access to fruits and vegetables in neighborhood	3.054	2.854	2.974	2.715	3.018	3.052	2.865
Ease of walking and being physically active in neighborhood	2.555	2.392	2.469	2.314	2.359	2.175	2.195
Safety walking in neighborhood	2.801	2.755	3.104	3.276	3.410	3.445	3.260

Table 97: Built Environment Indices by Zip Code

Average rating where 4=strongly agree, 3=somewhat agree, 2=somewhat disagree, 1=strongly disagree	19901	19904	19977	19962	19943	19934	Others
Access to fruits and vegetables in neighborhood	3.185	3.005	2.950	2.600	2.548	3.053	2.826
Ease of walking and being physically active in neighborhood	2.676	2.463	2.808	1.891	1.837	1.882	2.055
Safety walking in neighborhood	3.105	3.043	3.454	3.374	3.310	3.276	3.191

Table 98: Fruit and Vegetable Consumption by Race/Ethnicity and Participation in SNAP/WIC

	Non-Hispanic White	Black or African American	Other	Participate in WIC or SNAP	Do not participate	Overall
Average number of times fruits, not including juices, consumed per day	1.413	1.052	1.527	1.323	1.357	1.346
Median number of times fruits, not including juices, consumed per day	1.000	1.000	1.000	1.000	1.000	1.000
Percent eating less than one fruit per day	41.8%	46.8%	47.8%	42.6%	43.5%	43.6%
Average number of times green salad consumed per day	0.555	0.715	0.494	0.652	0.567	0.578
Median number of times green salad consumed per day	0.429	0.286	0.286	0.286	0.429	0.286
Average number of times potatoes, not including french fries or chips, consumed per day	0.290	0.262	0.328	0.320	0.281	0.289
Median number of times potatoes, not including french fries or chips, consumed per day	0.286	0.143	0.143	0.286	0.143	0.167
Average number of times carrots consumed per day	0.290	0.273	0.273	0.314	0.279	0.284
Median number of times carrots consumed per day	0.143	0.143	0.143	0.143	0.143	0.143
Average number of other vegetable servings consumed per day	1.633	1.302	1.685	1.499	1.581	1.567
Median number of other vegetable servings consumed per day	1.000	1.000	1.000	2.000	1.000	1.000
Average number of vegetables servings consumed per day	2.683	2.467	2.641	2.692	2.617	2.622
Median number of vegetables servings consumed per day	2.286	1.924	1.605	2.714	2.143	2.276
Percent eating less than one vegetable serving per day	6.7%	18.4%	22.5%	13.0%	11.2%	11.4%

Table 99: Fruit and Vegetable Consumption by Food Security Status

	I/we have enough of the kinds of food (I/we) want to eat	I/we have enough, but not always the kinds of food (I/we) want	Sometimes not enough to eat	Often not enough to eat
Average number of times fruits, not including juices, consumed per day	1.414	1.192	1.555	0.646
Median number of times fruits, not including juices, consumed per day	1.000	0.714	1.000	0.429
Percent eating less than one fruit per day	39.3%	55.4%	37.3%	62.4%
Average number of times green salad consumed per day	0.624	0.460	0.628	0.253
Median number of times green salad consumed per day	0.429	0.286	0.286	0.286
Average number of times potatoes, not including french fries or chips, consumed per day	0.302	0.260	0.255	0.230
Median number of times potatoes, not including french fries or chips, consumed per day	0.286	0.167	0.143	0.143
Average number of times carrots consumed per day	0.295	0.226	0.496	0.187
Median number of times carrots consumed per day	0.143	0.143	0.143	0.067
Average number of other vegetable servings consumed per day	1.639	1.488	1.319	0.824
Median number of other vegetable servings consumed per day	1.000	1.000	1.000	0.429
Average number of vegetables servings consumed per day	2.764	2.377	2.567	1.380
Median number of vegetables servings consumed per day	2.429	1.848	1.571	1.000
Percent eating less than one vegetable serving per day	8.7%	13.9%	26.4%	32.6%

Table 100: Fruit and Vegetable Consumption by Annual Household Income

	Less than \$15,000	\$15,000 to \$24,999	\$25,000 to \$39,999	\$40,000 to \$59,999	\$60,000 to \$74,999	\$75,000 or more	Refused
Average number of times fruits, not including juices, consumed per day	1.272	1.283	1.025	1.296	1.424	1.637	1.194
Median number of times fruits, not including juices, consumed per day	1.000	0.714	.857	1.000	1.000	1.000	1.000
Percent eating less than one fruit per day	40.5%	53.1%	50.7%	40.4%	39.7%	38.1%	45.6%
Average number of times green salad consumed per day	0.590	0.613	0.583	0.590	0.423	0.632	0.475
Median number of times green salad consumed per day	0.429	0.286	0.286	0.429	0.286	0.429	0.429
Average number of times potatoes, not including french fries or chips, consumed per day	0.332	0.311	0.283	0.247	0.180	0.294	0.367
Median number of times potatoes, not including french fries or chips, consumed per day	0.286	0.286	0.167	0.200	0.143	0.143	0.286
Average number of times carrots consumed per day	0.510	0.287	0.226	0.314	0.267	0.236	0.317
Median number of times carrots consumed per day	0.286	0.143	0.143	0.143	0.143	0.143	0.143
Average number of other vegetable servings consumed per day	1.373	1.594	1.419	1.204	1.925	1.809	1.439
Median number of other vegetable servings consumed per day	1.000	1.143	1.429	1.000	1.000	2.000	1.000
Average number of vegetables servings consumed per day	2.669	2.632	2.452	2.257	2.742	2.949	2.362
Median number of vegetables servings consumed per day	2.000	2.067	2.462	1.714	2.143	2.714	2.011
Percent eating less than one vegetable serving per day	14.5%	16.7%	13.7%	10.5%	0.0%	8.5%	16.6%

Table 101: Fruit and Vegetable Consumption by Zip Code

	19901	19904	19977	19962	19943	19934	Others
Average number of times fruits, not including juices, consumed per day	1.405	1.228	1.072	1.298	1.688	1.596	1.319
Median number of times fruits, not including juices, consumed per day	1.000	1.000	0.571	1.000	1.000	1.000	1.000
Percent eating less than one fruit per day	39.00%	47.10%	57.20%	39.30%	41.80%	37.40%	44.20%
Average number of times green salad consumed per day	0.506	0.551	0.577	1.125	0.541	0.527	0.532
Median number of times green salad consumed per day	0.286	0.286	0.286	0.429	0.286	0.429	0.286
Average number of times potatoes, not including french fries or chips, consumed per day	0.307	0.285	0.259	0.323	0.233	0.318	0.282
Median number of times potatoes, not including french fries or chips, consumed per day	0.143	0.143	0.143	0.286	0.143	0.286	0.143
Average number of times carrots consumed per day	0.270	0.248	0.310	0.365	0.306	0.318	0.266
Median number of times carrots consumed per day	0.143	0.143	0.286	0.143	0.167	0.286	0.143
Average number of other vegetable servings consumed per day	1.525	1.565	1.507	1.521	1.434	1.907	1.594
Median number of other vegetable servings consumed per day	1.000	2.000	1.000	1.000	1.000	1.000	1.000
Average number of vegetables servings consumed per day	2.449	2.612	2.571	3.293	2.490	2.880	2.586
Median number of vegetables servings consumed per day	1.924	2.462	2.429	3.000	1.738	2.429	2.000
Percent eating less than one vegetable serving per day	15.80%	13.80%	10.40%	4.30%	6.80%	7.80%	10.00%

Table 102: Question #22 by Race/Ethnicity and Participation in SNAP/WIC

Thinking about the store where you buy most of your food, how do you usually travel to this store?	Non-Hispanic White	Black or African American	Other	Participate in WIC or SNAP	Do not participate	Overall
Car/Drive	96.4%	92.4%	95.9%	87.1%	96.7%	95.3%
Take a bus or other public transit	0.7%	5.0%	0.0%	9.7%	0.4%	1.7%
Walk	2.3%	2.6%	2.6%	3.2%	2.3%	2.4%
Bicycle	0.2%	0.0%	0.0%	0.0%	0.2%	0.2%
Other	0.3%	0.0%	1.5%	0.0%	0.5%	0.4%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 103: Question #22 by Food Security Status

Thinking about the store where you buy most of your food, how do you usually travel to this store?	I/we have enough of the kinds of food (I/we) want to eat	I/we have enough, but not always the kinds of food (I/we) want	Sometimes not enough to eat	Often not enough to eat
Car/Drive	97.1%	92.4%	100.0%	67.6%
Take a bus or other public transit	0.4%	3.8%	0.0%	18.0%
Walk	2.0%	3.9%	0.0%	6.3%
Bicycle	0.2%	0.0%	0.0%	0.0%
Other	0.3%	0.0%	0.0%	8.0%
Total	100.0%	100.0%	100.0%	100.0%

Table 104: Question #22 by Annual Household Income

Thinking about the store where you buy most of your food, how do you usually travel to this store?	Less than \$15,000	\$15,000 to \$24,999	\$25,000 to \$39,999	\$40,000 to \$59,999	\$60,000 to \$74,999	\$75,000 or more	Refused
Car/Drive	87.2%	88.1%	93.4%	100.0%	100.0%	97.7%	97.5%
Take a bus or other public transit	12.8%	3.7%	0.9%	0.0%	0.0%	0.0%	0.0%
Walk	0.0%	6.9%	4.3%	0.0%	0.0%	1.8%	2.5%
Bicycle	0.0%	0.0%	0.0%	0.0%	0.0%	0.5%	0.0%
Other	0.0%	1.3%	1.4%	0.0%	0.0%	0.0%	0.0%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 105: Question #22 by Zip Code

Thinking about the store where you buy most of your food, how do you usually travel to this store?	19901	19904	19977	19962	19943	19934	Others
Car/Drive	96.7%	95.3%	84.2%	100.0%	100.0%	94.9%	95.7%
Take a bus or other public transit	1.2%	4.7%	0.0%	0.0%	0.0%	0.0%	2.0%
Walk	2.1%	0.0%	14.0%	0.0%	0.0%	0.0%	2.2%
Bicycle	0.0%	0.0%	0.0%	0.0%	0.0%	2.1%	0.0%
Other	0.0%	0.0%	1.9%	0.0%	0.0%	3.1%	0.0%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 106: Question #23 by Race/Ethnicity and Participation in SNAP/WIC

How far do you have to travel, whether by foot, bicycle or automobile, to get to this store? Would you say . . .	Non-Hispanic White	Black or African American	Other	Participate in WIC or SNAP	Do not participate	Overall
0 to 5 blocks	7.6%	17.1%	6.6%	17.7%	8.0%	9.4%
6 to 10 blocks	8.0%	6.9%	10.3%	5.3%	8.5%	8.0%
1 to 2 miles	22.9%	36.4%	30.8%	30.8%	25.9%	26.8%
3 or more miles	61.5%	39.6%	52.3%	46.2%	57.7%	55.9%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 107: Question #23 by Food Security Status

How far do you have to travel, whether by foot, bicycle or automobile, to get to this store? Would you say . . .	I/we have enough of the kinds of food (I/we) want to eat	I/we have enough, but not always the kinds of food (I/we) want	Sometimes not enough to eat	Often not enough to eat
0 to 5 blocks	8.3%	9.0%	12.8%	29.7%
6 to 10 blocks	6.8%	10.4%	16.6%	6.6%
1 to 2 miles	27.7%	25.0%	33.0%	8.0%
3 or more miles	57.1%	55.6%	37.5%	55.7%
Total	100.0%	100.0%	100.0%	100.0%

Table 108: Question #23 by Annual Household Income

How far do you have to travel, whether by foot, bicycle or automobile, to get to this store? Would you say . . .	Less than \$15,000	\$15,000 to \$24,999	\$25,000 to \$39,999	\$40,000 to \$59,999	\$60,000 to \$74,999	\$75,000 or more	Refused
0 to 5 blocks	19.2%	18.4%	10.6%	11.2%	0.0%	4.0%	7.8%
6 to 10 blocks	10.0%	6.6%	8.6%	6.5%	13.7%	6.5%	8.8%
1 to 2 miles	33.5%	33.4%	29.6%	24.1%	27.1%	22.8%	23.3%
3 or more miles	37.3%	41.6%	51.2%	58.1%	59.2%	66.8%	60.1%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 109: Question #23 by Zip Code

How far do you have to travel, whether by foot, bicycle or automobile, to get to this store? Would you say . . .	19901	19904	19977	19962	19943	19934	Others
0 to 5 blocks	10.4%	9.8%	13.4%	0.0%	0.0%	26.8%	6.9%
6 to 10 blocks	8.8%	15.6%	14.9%	3.0%	0.0%	1.2%	4.9%
1 to 2 miles	46.0%	31.1%	20.1%	12.1%	1.2%	18.2%	21.7%
3 or more miles	34.8%	43.5%	51.5%	85.0%	98.8%	53.8%	66.6%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 110: Question #24 by Race/Ethnicity and Participation in SNAP/WIC

How important is the quality of foods available in your decision to shop at the store where you buy most of your food?	Non-Hispanic White	Black or African American	Other	Participate in WIC or SNAP	Do not participate	Overall
Very important	70.2%	78.6%	70.1%	83.3%	70.3%	72.2%
Important	15.1%	9.7%	20.7%	10.4%	15.3%	14.5%
Somewhat important	13.9%	8.3%	5.5%	6.3%	12.3%	11.6%
Not at all important	.8%	3.5%	3.7%	.0%	2.0%	1.7%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 111: Question #24 by Food Security Status

How important is the quality of foods available in your decision to shop at the store where you buy most of your food?	I/we have enough of the kinds of food (I/we) want to eat	I/we have enough, but not always the kinds of food (I/we) want	Sometimes not enough to eat	Often not enough to eat
Very important	73.1%	74.6%	54.7%	55.7%
Important	15.0%	10.8%	17.8%	32.6%
Somewhat important	10.2%	14.6%	17.0%	11.7%
Not at all important	1.7%	0.0%	10.4%	0.0%
Total	100.0%	100.0%	100.0%	100.0%

Table 112: Question #24 by Annual Household Income

How important is the quality of foods available in your decision to shop at the store where you buy most of your food?	Less than \$15,000	\$15,000 to \$24,999	\$25,000 to \$39,999	\$40,000 to \$59,999	\$60,000 to \$74,999	\$75,000 or more	Refused
Very important	68.7%	81.4%	75.3%	54.7%	60.1%	78.6%	74.1%
Important	20.9%	9.9%	12.9%	16.9%	24.7%	12.9%	11.5%
Somewhat important	8.3%	8.7%	9.2%	22.2%	15.2%	8.1%	13.2%
Not at all important	2.1%	.0%	2.6%	6.1%	.0%	.5%	1.2%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 113: Question #24 by Zip Code

How important is the quality of foods available in your decision to shop at the store where you buy most of your food?	19901	19904	19977	19962	19943	19934	Others
Very important	75.3%	71.3%	69.5%	66.6%	69.1%	80.2%	70.9%
Important	14.7%	10.0%	16.1%	24.1%	7.1%	12.0%	17.2%
Somewhat important	8.8%	18.7%	9.7%	9.3%	21.8%	4.0%	9.6%
Not at all important	1.2%	0.0%	4.7%	0.0%	1.9%	3.8%	2.3%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 114: Question #25 by Race/Ethnicity and Participation in SNAP/WIC

And what about the prices of foods? Would you say . . .	Non-Hispanic White	Black or African American	Other	Participate in WIC or SNAP	Do not participate	Overall
Very important	53.3%	74.0%	64.2%	73.6%	56.5%	59.0%
Important	21.9%	7.8%	21.1%	8.2%	20.5%	18.8%
Somewhat important	22.4%	17.5%	10.9%	16.7%	20.7%	20.0%
Not at all important	2.5%	0.7%	3.7%	1.6%	2.4%	2.3%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 115: Question #25 by Food Security Status

And what about the prices of foods? Would you say . . .	I/we have enough of the kinds of food (I/we) want to eat	I/we have enough, but not always the kinds of food (I/we) want	Sometimes not enough to eat	Often not enough to eat
Very important	54.1%	69.9%	68.1%	82.0%
Important	20.8%	15.1%	20.0%	0.0%
Somewhat important	22.5%	13.9%	11.9%	18.0%
Not at all important	2.7%	1.1%	0.0%	0.0%
Total	100.0%	100.0%	100.0%	100.0%

Table 116: Question #25 by Annual Household Income

And what about the prices of foods? Would you say . . .	Less than \$15,000	\$15,000 to \$24,999	\$25,000 to \$39,999	\$40,000 to \$59,999	\$60,000 to \$74,999	\$75,000 or more	Refused
Very important	64.5%	72.4%	70.6%	63.7%	42.6%	50.9%	48.7%
Important	19.2%	6.6%	11.5%	12.7%	39.0%	25.2%	20.3%
Somewhat important	16.3%	21.0%	17.1%	19.4%	18.4%	19.9%	27.7%
Not at all important	0.0%	0.0%	0.9%	4.2%	0.0%	4.0%	3.3%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 117: Question #25 by Zip Code

And what about the prices of foods? Would you say . . .	19901	19904	19977	19962	19943	19934	Others
Very important	62.7%	62.2%	51.0%	54.7%	66.6%	46.5%	58.7%
Important	18.3%	11.2%	9.4%	35.5%	16.1%	23.5%	23.1%
Somewhat important	17.0%	25.3%	32.6%	9.8%	15.4%	27.9%	15.9%
Not at all important	1.9%	1.3%	7.0%	0.0%	1.9%	2.1%	2.3%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 118: Question #26 by Race/Ethnicity and Participation in SNAP/WIC

When you eat out at a restaurant or get take-out food, how important to you is convenience? Would you say . . .	Non-Hispanic White	Black or African American	Other	Participate in WIC or SNAP	Do not participate	Overall
Very important	31.8%	41.8%	46.1%	38.6%	35.0%	35.8%
Important	18.5%	14.1%	14.4%	18.5%	16.6%	16.9%
Somewhat important	39.9%	33.5%	26.7%	35.8%	37.5%	37.0%
Not at all important	9.7%	10.6%	12.9%	7.0%	10.8%	10.2%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 119: Question #26 by Food Security Status

When you eat out at a restaurant or get take-out food, how important to you is convenience? Would you say . . .	I/we have enough of the kinds of food (I/we) want to eat	I/we have enough, but not always the kinds of food (I/we) want	Sometimes not enough to eat	Often not enough to eat
Very important	35.7%	39.1%	32.9%	7.6%
Important	16.3%	17.6%	14.1%	37.5%
Somewhat important	35.9%	36.4%	48.4%	54.9%
Not at all important	12.1%	6.8%	4.6%	0.0%
Total	100.0%	100.0%	100.0%	100.0%

Table 120: Question #26 by Annual Household Income

When you eat out at a restaurant or get take-out food, how important to you is convenience? Would you say . . .	Less than \$15,000	\$15,000 to \$24,999	\$25,000 to \$39,999	\$40,000 to \$59,999	\$60,000 to \$74,999	\$75,000 or more	Refused
Very important	43.9%	43.8%	36.5%	34.0%	29.4%	32.4%	35.5%
Important	12.5%	15.9%	17.1%	21.3%	16.7%	14.1%	23.1%
Somewhat important	35.0%	31.6%	38.6%	32.7%	45.9%	42.2%	27.9%
Not at all important	8.6%	8.7%	7.8%	12.0%	8.0%	11.3%	13.5%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 121: Question #26 by Zip Code

When you eat out at a restaurant or get take-out food, how important to you is convenience? Would you say . . .	19901	19904	19977	19962	19943	19934	Others
Very important	34.3%	36.8%	37.6%	33.4%	35.1%	26.6%	39.6%
Important	13.1%	20.4%	19.5%	28.9%	14.0%	26.8%	11.5%
Somewhat important	42.6%	30.8%	29.7%	34.6%	45.6%	40.4%	36.2%
Not at all important	10.0%	12.0%	13.2%	3.0%	5.3%	6.2%	12.7%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 122: Question #32 by Race/Ethnicity and Participation in SNAP/WIC

Which of these statements best describes the food eaten in your household in the last 12 months. Would you say . . .	Non-Hispanic White	Black or African American	Other	Participate in WIC or SNAP	Do not participate	Overall
I/we have enough of the kinds of food (I/we) want to eat	68.6%	70.4%	80.4%	52.4%	73.3%	70.3%
I/we have enough, but not always the kinds of food (I/we) want	26.5%	14.4%	16.7%	32.8%	21.2%	22.9%
Sometimes not enough to eat	3.3%	7.9%	1.4%	5.4%	3.8%	4.0%
Often not enough to eat	1.7%	7.3%	1.5%	9.5%	1.7%	2.8%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 123: Question #32 by Annual Household Income

Which of these statements best describes the food eaten in your household in the last 12 months. Would you say . . .	Less than \$15,000	\$15,000 to \$24,999	\$25,000 to \$39,999	\$40,000 to \$59,999	\$60,000 to \$74,999	\$75,000 or more	Refused
I/we have enough of the kinds of food (I/we) want to eat	46.9%	46.4%	62.6%	78.7%	84.8%	81.2%	78.8%
I/we have enough, but not always the kinds of food (I/we) want	25.7%	42.9%	29.5%	16.1%	15.2%	17.1%	16.0%
Sometimes not enough to eat	11.3%	9.4%	5.5%	5.2%	0.0%	0.0%	1.3%
Often not enough to eat	16.1%	1.3%	2.5%	0.0%	0.0%	1.8%	3.9%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 124: Question #32 by Zip Code

Which of these statements best describes the food eaten in your household in the last 12 months. Would you say . . .	19901	19904	19977	19962	19943	19934	Others
I/we have enough of the kinds of food (I/we) want to eat	67.2%	69.3%	78.9%	89.2%	55.4%	76.7%	67.3%
I/we have enough, but not always the kinds of food (I/we) want	23.4%	22.6%	19.6%	6.0%	35.1%	18.3%	27.0%
Sometimes not enough to eat	4.5%	3.6%	1.5%	4.9%	4.4%	1.9%	5.0%
Often not enough to eat	4.8%	4.5%	0.0%	0.0%	5.0%	3.1%	0.8%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 125: Question #33 by Race/Ethnicity and Participation in SNAP/WIC

How likely, if at all, are you to shop at a farmers market if there is one available? Would you say . . .	Non-Hispanic White	Black or African American	Other	Participate in WIC or SNAP	Do not participate	Overall
Not at all likely	10.1%	14.3%	14.6%	11.9%	11.3%	11.5%
Somewhat likely	19.4%	22.5%	17.5%	16.8%	19.8%	19.6%
Likely	21.3%	20.6%	19.9%	18.3%	21.6%	21.0%
Very Likely	49.2%	42.6%	48.0%	53.0%	47.2%	47.9%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 126: Question #33 by Food Security Status

How likely, if at all, are you to shop at a farmers market if there is one available? Would you say . . .	I/we have enough of the kinds of food (I/we) want to eat	I/we have enough, but not always the kinds of food (I/we) want	Sometimes not enough to eat	Often not enough to eat
Not at all likely	12.3%	5.3%	33.9%	11.7%
Somewhat likely	15.8%	26.8%	11.9%	55.7%
Likely	20.8%	21.6%	23.0%	18.0%
Very Likely	51.0%	46.2%	31.2%	14.5%
Total	100.0%	100.0%	100.0%	100.0%

Table 127: Question #33 by Annual Household Income

How likely, if at all, are you to shop at a farmers market if there is one available? Would you say . . .	Less than \$15,000	\$15,000 to \$24,999	\$25,000 to \$39,999	\$40,000 to \$59,999	\$60,000 to \$74,999	\$75,000 or more	Refused
Not at all likely	15.8%	16.9%	11.8%	13.3%	13.3%	8.1%	6.2%
Somewhat likely	24.2%	28.7%	14.2%	18.6%	12.6%	19.6%	19.9%
Likely	20.9%	10.7%	20.9%	22.9%	28.5%	20.4%	27.2%
Very Likely	39.1%	43.7%	53.1%	45.3%	45.6%	51.9%	46.6%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 128: Question #33 by Zip Code

How likely, if at all, are you to shop at a farmers market if there is one available? Would you say . . .	19901	19904	19977	19962	19943	19934	Others
Not at all likely	14.6%	12.8%	10.6%	4.3%	4.4%	11.4%	11.8%
Somewhat likely	19.8%	23.2%	14.6%	13.4%	23.0%	8.1%	23.2%
Likely	21.1%	21.8%	22.5%	22.3%	18.0%	22.2%	19.9%
Very Likely	44.5%	42.1%	52.3%	60.0%	54.6%	58.4%	45.1%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 129: Question #34 by Race/Ethnicity and Participation in SNAP/WIC

Would you say in general your health is	Non-Hispanic White	Black or African American	Other	Participate in WIC or SNAP	Do not participate	Overall
Excellent	16.2%	11.7%	16.2%	4.9%	17.0%	15.1%
Very good	37.9%	32.3%	34.3%	36.5%	36.0%	36.0%
Good	27.9%	34.4%	28.9%	23.6%	30.6%	29.7%
Fair	12.4%	12.3%	19.4%	20.8%	12.0%	13.3%
Poor	5.6%	9.3%	1.1%	14.2%	4.4%	5.8%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 130: Question #34 by Food Security Status

Would you say in general your health is	I/we have enough of the kinds of food (I/we) want to eat	I/we have enough, but not always the kinds of food (I/we) want	Sometimes not enough to eat	Often not enough to eat
Excellent	17.9%	10.5%	6.3%	0.0%
Very good	39.8%	29.1%	26.8%	8.0%
Good	27.0%	32.9%	40.4%	50.6%
Fair	10.8%	20.9%	18.7%	11.4%
Poor	4.5%	6.7%	7.8%	30.0%
Total	100.0%	100.0%	100.0%	100.0%

Table 131: Question #34 by Annual Household Income

Would you say in general your health is	Less than \$15,000	\$15,000 to \$24,999	\$25,000 to \$39,999	\$40,000 to \$59,999	\$60,000 to \$74,999	\$75,000 or more	Refused
Excellent	11.2%	12.2%	8.2%	6.7%	28.0%	20.9%	18.0%
Very good	18.5%	29.5%	39.9%	44.1%	30.7%	39.1%	36.9%
Good	20.3%	30.7%	32.1%	28.0%	21.8%	34.9%	27.0%
Fair	31.3%	16.3%	16.0%	14.2%	14.4%	5.0%	12.2%
Poor	18.7%	11.2%	3.8%	7.1%	5.1%	.0%	5.9%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 132: Question #34 by Zip Code

Would you say in general your health is	19901	19904	19977	19962	19943	19934	Others
Excellent	13.1%	18.5%	25.1%	13.2%	13.2%	19.8%	10.4%
Very good	33.3%	32.7%	31.1%	49.0%	57.2%	31.7%	34.2%
Good	33.4%	30.0%	34.5%	27.0%	15.4%	22.4%	31.2%
Fair	13.8%	12.0%	6.7%	9.0%	10.0%	19.8%	17.0%
Poor	6.4%	6.7%	2.5%	1.9%	4.2%	6.3%	7.2%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 133: Question #35 by Race/Ethnicity and Participation in SNAP/WIC

Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Service?	Non-Hispanic White	Black or African American	Other	Participate in WIC or SNAP	Do not participate	Overall
Yes	93.0%	94.5%	98.8%	93.8%	94.3%	94.1%
No	7.0%	5.5%	1.2%	6.2%	5.7%	5.9%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 134: Question #35 by Food Security Status

Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Service?	I/we have enough of the kinds of food (I/we) want to eat	I/we have enough, but not always the kinds of food (I/we) want	Sometimes not enough to eat	Often not enough to eat
Yes	95.5%	90.9%	91.0%	100.0%
No	4.5%	9.1%	9.0%	0.0%
Total	100.0%	100.0%	100.0%	100.0%

Table 135: Question #35 by Annual Household Income

Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Service?	Less than \$15,000	\$15,000 to \$24,999	\$25,000 to \$39,999	\$40,000 to \$59,999	\$60,000 to \$74,999	\$75,000 or more	Refused
Yes	97.6%	95.1%	89.5%	95.5%	87.5%	96.1%	94.9%
No	2.4%	4.9%	10.5%	4.5%	12.5%	3.9%	5.1%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 136: Question #35 by Zip Code

Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Service?	19901	19904	19977	19962	19943	19934	Others
Yes	95.2%	94.3%	98.5%	89.2%	95.9%	97.4%	90.9%
No	4.8%	5.7%	1.5%	10.8%	4.1%	2.6%	9.1%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 137: Question #36 by Race/Ethnicity and Participation in SNAP/WIC

Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?	Non-Hispanic White	Black or African American	Other	Participate in WIC or SNAP	Do not participate	Overall
Yes	9.4%	16.8%	8.0%	24.7%	8.7%	10.9%
No	90.6%	83.2%	92.0%	75.3%	91.3%	89.1%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 138: Question #36 by Food Security Status

Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?	I/we have enough of the kinds of food (I/we) want to eat	I/we have enough, but not always the kinds of food (I/we) want	Sometimes not enough to eat	Often not enough to eat
Yes	6.7%	17.9%	28.9%	31.1%
No	93.3%	82.1%	71.1%	68.9%
Total	100.0%	100.0%	100.0%	100.0%

Table 139: Question #36 by Annual Household Income

Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?	Less than \$15,000	\$15,000 to \$24,999	\$25,000 to \$39,999	\$40,000 to \$59,999	\$60,000 to \$74,999	\$75,000 or more	Refused
Yes	21.3%	23.7%	14.7%	6.5%	8.0%	3.8%	8.1%
No	78.7%	76.3%	85.3%	93.5%	92.0%	96.2%	91.9%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 140: Question #36 by Zip Code

Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?	19901	19904	19977	19962	19943	19934	Others
Yes	13.8%	7.2%	11.4%	19.6%	4.4%	3.1%	12.1%
No	86.2%	92.8%	88.6%	80.4%	95.6%	96.9%	87.9%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 141: Body Mass Index by Race/Ethnicity and Participation in SNAP/WIC

Body Mass Index	Non-Hispanic White	Black or African American	Other	Participate in WIC or SNAP	Do not participate	Overall
Underweight (BMI < 18.5)	1.7%	1.8%	0.0%	2.6%	1.3%	1.5%
Normal weight (BMI 18.5 to 24.9)	24.7%	21.7%	32.2%	23.3%	25.6%	25.2%
Overweight (BMI 25 to 29.9)	30.8%	36.2%	35.4%	27.4%	32.9%	32.2%
Obese (BMI 30 to 39.9)	33.3%	31.1%	23.7%	29.3%	32.3%	31.8%
Morbidly obese (BMI 40 or higher)	9.6%	9.3%	8.6%	17.2%	7.9%	9.3%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 142: Body Mass Index by Food Security Status

Body Mass Index	I/we have enough of the kinds of food (I/we) want to eat	I/we have enough, but not always the kinds of food (I/we) want	Sometimes not enough to eat	Often not enough to eat
Underweight (BMI < 18.5)	1.8%	1.1%	0.0%	0.0%
Normal weight (BMI 18.5 to 24.9)	23.4%	30.1%	29.8%	18.2%
Overweight (BMI 25 to 29.9)	34.1%	26.0%	39.3%	24.7%
Obese (BMI 30 to 39.9)	32.4%	30.5%	30.9%	31.1%
Morbidly obese (BMI 40 or higher)	8.3%	12.3%	0.0%	26.0%
Total	100.0%	100.0%	100.0%	100.0%

Table 143: Body Mass Index by Annual Household Income

Body Mass Index	Less than \$15,000	\$15,000 to \$24,999	\$25,000 to \$39,999	\$40,000 to \$59,999	\$60,000 to \$74,999	\$75,000 or more	Refused
Underweight (BMI < 18.5)	1.9%	4.4%	2.1%	0.0%	0.0%	0.0%	3.9%
Normal weight (BMI 18.5 to 24.9)	28.0%	23.5%	26.2%	30.3%	34.1%	17.7%	30.1%
Overweight (BMI 25 to 29.9)	19.4%	25.7%	30.4%	30.7%	28.4%	40.8%	35.2%
Obese (BMI 30 to 39.9)	32.1%	36.7%	35.3%	29.0%	29.6%	35.3%	15.1%
Morbidly obese (BMI 40 or higher)	18.6%	9.8%	5.9%	10.1%	7.9%	6.2%	15.8%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 144: Body Mass Index by Zip Code

Body Mass Index	19901	19904	19977	19962	19943	19934	Others
Underweight (BMI < 18.5)	3.0%	1.1%	2.3%	2.1%	0.0%	0.0%	0.7%
Normal weight (BMI 18.5 to 24.9)	29.1%	31.0%	26.7%	11.7%	27.7%	27.1%	18.6%
Overweight (BMI 25 to 29.9)	34.2%	28.0%	34.7%	25.7%	33.4%	35.1%	33.1%
Obese (BMI 30 to 39.9)	27.6%	27.6%	32.8%	53.3%	27.6%	25.4%	35.7%
Morbidly obese (BMI 40 or higher)	6.0%	12.4%	3.5%	7.2%	11.3%	12.3%	11.9%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Appendix C: Survey Methodology

Interview Script Development

The script was developed through an iterative process between a planning committee for the Plan4Health grant, NRC and Michelle Eichinger, a consultant hired by the planning committee to assist with the survey. Michelle and her team assembled a question bank of potential questions that could be included from sources where the items had been shown to be valid and reliable. A final questionnaire was crafted that would provide information on the main topics needed for the grant and that could be completed within an average interview duration of 15 minutes. A copy of the script can be found in *Appendix D: Plan4Health Interview Script*.

The table below displays the source for the questions used in the script.

Question Numbers	Source
Question #1, #2	Typical phone survey questions
Question #3, #4 (modified), #13, #15 (modified), #16, #17, #18	International Physical Activity Questionnaire (Hoehner, C. M., Brennan Ramirez, L. K., Elliott, M. B., Handy, S. L., & Brownson, R. C. (2005). Perceived and objective environmental measures and physical activity among urban adults. <i>American Journal of Preventive Medicine</i> , 28(2, Supplement 2), 105–116. http://doi.org/10.1016/j.amepre.2004.10.023)
Question #5, #6, #7, #8, #9	CDC Health-Related Quality of Life Measure
Question #10, #27, #28, #29, #30, #31, #32, #34, #35, #36	BRFSS
Question #11, #12 (modified)	Van Dyck (2013) Saelens & Sallis (2002). <i>Active Living Research</i>
Question #14	Pedestrian and Bicycle Information Center
Question #19	Freedman (Perceptions of Food Environment Scale)
Question #19, #20, #21, #22, #23 (modified) #24, #25, #26	NEMS-P (Green & Glanz)
Question #33	USDA Nutrition Assistance in Farmers Markets: Understanding the Shopping Patterns of SNAP Participants
Question #47 (modified)	Freedman (Perceptions of Food Environment Scale)
Question #49, #50	BRFSS, to measure Body Mass Index (BMI)
Question #37, #38, #39, #40, #41, #42, #43, #44, #45, #46, #48, #51, #52, #53, #54	Standard demographic and classification questions (many match US Census data)

Selecting Survey Recipients

A total of 500 completed interviews were required for this project, with quotas for race/ethnicity, sex and age by area within Kent County. The first area was the parts of the County within zip codes 19901, 19904, 19952 and 19963. This area was considered to be at higher health risk, and where the grant efforts will be focused. The second area was the rest of the County. With this many quota cells, a flexible approach was taken to filling these quotas. The original numbers for the quota cells are shown in the tables below:

19901, 19904, 19952, 19963	NHW		Other		Total	
	low	High	low	high	low	high
M 18-34	18	26	15	25	33	51
M 35-54	24	30	13	16	37	46
M 55+	32	42	10	13	42	55
F 18-34	21	26	19	27	40	53
F 35-54	27	33	16	20	43	53
F 55+	41	53	14	19	55	72
TOTAL	163	209	87	121	250	331

Rest of Kent County	NHW		Other		Total	
	low	High	low	high	low	high
M 18-34	14	20	5	8	18	27
M 35-54	24	29	8	10	32	39
M 55+	26	34	5	7	32	41
F 18-34	15	19	6	9	21	28
F 35-54	25	30	9	11	34	41
F 55+	29	37	7	9	35	47
TOTAL	133	170	39	54	172	223

In order to best be able to fill these quotas and represent the County, three types of samples were used for this study: an RDD (random digit dial sample) of landlines, an RDD sample of cell phones, and an enhanced sample of cell phones, to which billing zip code and some respondent demographics could be attached. The sample was ordered so that one-quarter was from the RDD landline list, one-quarter from the RDD cell list and one-half from the enhanced cell phone list. Of the 500 completed interviews, 234 (47%) came from the enhanced cell sample, 139 (28%) from the RDD landline sample and 127 (25%) from the RDD cell sample.

The final number of interviews by quota cell was:

	19901, 19904, 19962, 19963			Rest of Kent County		
	NHW	Other	Total	NHW	Other	Total
Males 18-34	23	12	35	14	5	19
Males 35-54	34	14	48	18	11	29
Males 55+	44	18	62	39	14	53
Females 18-34	21	14	35	9	9	18
Females 35-54	39	10	49	27	5	32
Females 55+	49	20	69	41	8	49

Survey Administration

The survey data were recorded electronically using a Computer-Assisted Telephone Interviewing (CATI) system. (CATI is a software program that automatically dials phone numbers, logs dispositions and records responses to completed interviews.) Phone calls were made from March 6 to March 17, 2016. A majority of the interviews were completed during the evening hours, although calls were made on the weekend and during weekdays also. All phone numbers were dialed at least nine times if no refusal or completed interview was obtained before replacing with another number, with at least one of the attempts on either a weekend or weekday. The dispositions of the numbers dialed during the survey are listed in the table on the following page.

A total of 11,141 phone numbers were dialed during the survey administration. Some of these numbers were considered ineligible for the survey.¹ For 6,463 phone numbers where the eligibility status of the household was unknown, 48% were estimated to be eligible. This proportion was assumed to hold for those households not contacted, or where the household refused, and therefore prevented knowing the eligibility status, and only 48% of these numbers were included in the final response rate calculation.) Of the approximately 8,705 households called, 500 completed interviews providing a response rate of 9%. Approximately 948 households refused to complete the survey.

¹ Disconnected, fax/data line, or business phone numbers were not included as eligible households. For 2,610 phone numbers where the eligibility status of the household was unknown, 40% were estimated to be eligible. This proportion was assumed to hold for those households not contacted, or where the household refused, and therefore prevented knowing the eligibility status, and only 40% of these numbers were included in the final response rate calculation.

Disposition of All Phone Numbers Called

Disposition	Count
Complete	500
Partial	19
Refusal	948
Respondent never available	734
Other, non-refusals	17
Language problem	24
Always busy	448
No answer	1,325
Answering machine-don't know if household was eligible	4,690
Out of sample - other strata than originally coded	571
Fax/data line	37
Disconnected number	1,692
Business, government office, other organizations	136
Total phone numbers used	11,141
I=Complete Interviews	500
P=Partial Interviews	19
R=Refusal and break off	948
NC=Non-contact	734
O=Other	41
e: the estimated proportion of cases of unknown eligibility that are eligible	48%
UH=Unknown Household	6,463
UO=Unknown other	0
Response rate: $I / ((I+P) + (R+NC+O) + e(UH+UO))$	9%

* Estimate of e is based on proportion of eligible households among all numbers for which a definitive determination of status was obtained (a very conservative estimate).

** The response rate was calculated as: $I / ((I+ R+NC+O) + e(UH+UO))$

Confidence Intervals

It is customary to describe the precision of estimates made from surveys by a “level of confidence” (or margin of error). The 95 percent confidence level for the results from this survey is generally no greater than plus or minus four percentage points ($\pm 4.4\%$) around any given percent reported for the entire sample (500 completed interviews). The 95 percent confidence level for results within Area 1 (261 completed interviews) or Area 2 (239 completed interviews) is plus or minus six percentage points ($\pm 6.1\%$ and $\pm 6.3\%$, respectively).

Data Weighting and Analysis

The first step in the analysis was to compare the demographic characteristics of the survey respondents to those found in the 2014 American Community Survey estimates for Kent County (and the two areas within the county). Survey responses were statistically adjusted to reflect the larger population when necessary. The results of the weighting scheme are presented in the following table. The data were weighted by race/ethnicity, sex, age and housing tenure.

Plan4Health Survey Weighting Table 2016

Characteristic	Population Norm*	Unweighted Data	Weighted Data
Area			
Area 1: 19901, 19904, 19952, 19963	51.9%	52.2%	51.7%
Area 2: Rest of Kent County	48.1%	47.8%	48.3%
Tenure			
Owner occupied	70.9%	77.5%	71.1%
Renter occupied	29.1%	22.5%	28.9%
Race and Ethnicity			
White alone, not Hispanic	67.0%	70.2%	66.8%
Hispanic and/or other race	33.0%	29.8%	33.2%
Annual Household Income			
Less than \$15,000	11.4%	8.9%	9.1%
\$15,000 to \$24,999	9.2%	14.4%	15.4%
\$25,000 to \$39,999	14.6%	18.0%	18.1%
\$40,000 to \$59,999	18.9%	16.4%	16.1%
\$60,000 to \$74,999	10.9%	10.0%	9.5%
\$75,000 or more	35.0%	32.3%	31.9%
Sex and Age			
Male	47.3%	49.4%	47.5%
Female	52.7%	50.6%	52.5%
18-34 years	31.3%	21.7%	31.4%
35-54 years	34.1%	31.6%	34.1%
55+ years	34.6%	46.8%	34.5%
Males 18-34	15.5%	10.9%	15.7%
Males 35-44	16.2%	15.4%	16.0%
Males 55+	15.6%	23.1%	15.8%
Females 18-34	15.9%	10.7%	15.7%
Females 35-44	17.9%	16.2%	18.1%
Females 55+	19.0%	23.7%	18.7%

* Source: 2014 American Community Survey, 5-year estimates

The electronic dataset was analyzed using the Statistical Package for the Social Sciences (SPSS). A complete set of frequencies for each survey question is presented in *Appendix A: Frequencies of Responses to Survey Questions*. Included in *Appendix B: Comparisons of Selected Survey Results by Selected Respondent Characteristics* are results by other respondent characteristics. Chi-square or ANOVA tests of significance were applied to these breakdowns of selected survey questions. A “p-value” of 0.05 or less indicates that there is less than a 5% probability that differences observed between groups are due to chance; or in other words, a greater than 95% probability that the differences observed in the selected categories of respondents represent “real” differences among those populations. Where differences between subgroups are statistically significant, they have been marked with grey shading in the appendices.

A statistical procedure known as factor analysis was conducted with questions #11 to #21 to see whether some of these questions could be grouped into a single variable because they shared a common theme. The factor analysis resulted in three main indices of respondents’ built environment: with Eigenvalues of one or greater.

Reliability analysis of the resulting indices was used to confirm that each scale or subscale had an acceptable level of internal consistency when the items were grouped together. This is generally measured by Cronbach’s alpha, a statistic that measures the extent to which question items within a scale measure the same construct. While there are no hard and fast rules about what levels of Cronbach’s alpha are acceptable, one author has proposed that levels “of 0.70 or more are generally accepted as representing good reliability”(Litwin MS. *How to Measure Survey Reliability and Validity*. Thousand Oaks: Sage Publications; 1995), while another states that “[a]s a general rule, we believe that reliabilities should not be below 0.80 for widely used scales” (Carmines EG, Zeller RA. *Reliability and Validity Assessment*. Newbury Park: Sage Publications; 1979). All but two of the factors reached a good level of internal consistency of 0.80 or above, with one just under that level, and one two-item scale with an alpha-level below 0.70.² Table 145 on the next page shows the items that comprise each of the scales, as well as the Cronbach’s alpha.

² Generally, the more items in a scale, the higher the Cronbach’s alpha level.

Table 145: Items Comprising Each Index

Index	Cronbach's Alpha	Item	Factor Loading
Access to fruits and vegetables in neighborhood	0.851	There is a large selection of fresh fruits and vegetables in my neighborhood	0.907
		The fresh produce in my neighborhood is of high quality	0.900
		It is easy to buy fresh fruits and vegetables in my neighborhood	0.888
		I can do most of my shopping at local stores	0.563
Ease of walking and being physically active in neighborhood	0.692	It is easy to walk to a bus stop from my home	0.777
		There are sidewalks on most streets in my neighborhood	0.764
		There are many destinations within walking distance from my home, like restaurants, grocery stores, schools, retail, service, automobile, employment, government, civic organizations, entertainment, religious, and health services	0.644
		There are many places to be physically active in my community not including streets for walking or jogging	0.544
Safety walking in neighborhood	0.595	The sidewalks in my neighborhood have a lot of cracks, lifted sections, tree or bush overgrowth or other problems that make it difficult to walk on them (Note: reverse coded for inclusion in index)	0.795
		I feel safe from crime if I walk in my neighborhood	0.777
		I feel safe from traffic if I walk in my neighborhood	0.599

Fruits and vegetables consumed per day were calculated per BRFSS recommendations. If the respondent answered in the number of times a fruit or vegetable were consumed per month, the daily intake was calculated by dividing that amount by 7. If they answered in number of times per month, the daily intake was computed by dividing by 30, and if they answered in number of times per year, the amount was divided by 365. Total vegetable consumption was then calculated as the sum of the number of servings of green salad, potatoes, carrots and other vegetables.

Appendix D: Plan4Health Interview Script

Hello, my name is _____ calling on behalf of Kent County, Delaware. We are conducting a survey to help us create a strategic plan to help improve the health of residents in our County.

{ASK #1) ONLY OF CELL PHONE SAMPLE}

1) Before I continue, are you in a safe place to talk on your phone, specifically not currently driving?

[INTERVIEWER NOTE: EVEN IF THE RESPONDENT IS OK WITH TAKING THE SURVEY WHILE DRIVING, WE CANNOT CONTINUE WITH THE SURVEY.]

1. Yes – in safe place/not driving [CONTINUE]
2. No – not safe/driving [ARRANGE CALLBACK]

2) Are you a resident of Kent County, Delaware?

1. Yes (CONTINUE)
2. No (TERMINATE SURVEY)
3. Don't Know / Refused (DO NOT READ) (TERMINATE)

[Note: when get closer to filling quota cells, will have to move some of the demographic questions up here.]

- 3) I want to start by asking you whether there is any park or walking or biking trail within a 5 minute walk from your home?**
1. Yes
 2. No
 3. Don't Know
 4. Refused (DO NOT READ)
- 4) Is there a public recreation or fitness center, owned or operated by a city or a parks and recreation district within a 5 minute walk from your home?**
1. Yes
 2. No
 3. Don't Know
 4. Refused (DO NOT READ)
- 5) How far do you have to travel, whether by foot, bicycle or automobile, to get to the park nearest to you? Would you say . . .**
1. 0 to 5 blocks
 2. 6 to 10 blocks
 3. 1 to 2 miles
 4. 3 or more miles
 5. Don't Know
 6. Refused (DO NOT READ)
- 6) How often do you use this park?**
1. Daily
 2. Weekly
 3. Monthly
 4. 6 to 11 times a year
 5. 1 to 5 times a year
 6. Never (GO TO QUESTION #8)
 7. Don't know/Refused (DO NOT READ) (GO TO QUESTION #8)
- 7) In general, do you come alone or with others to this park?**
1. Alone
 2. With others
 3. Don't Know/ Refused (DO NOT READ)

8) Are you able to walk, jog, or ride a bike to ANY park, outdoor recreation areas, walking paths or bike paths that are near where you live?

1. Yes (GO TO Q10)
2. No
3. Don't Know
4. Refused (DO NOT READ)

9) Since you told me that you are unable to walk, jog, or ride a bike to any park and/or outdoor recreation areas near where you live, can you tell me which of the following are obstacles for you? (READ LIST; CHECK ALL THAT APPLY)

1. Poor maintenance of sidewalks, bike trails, and bike lanes
2. Lack of sidewalks, crosswalks, and/or pedestrian signals
3. Lack of bike trails or designated bike lanes
4. Traffic/dangerous roads
5. Fear of crime
6. Too far away
7. Physically unable to walk, jog, or a ride a bike to the area
8. Something else SPECIFY: _____
9. None of these (DO NOT READ)
10. Don't know/Refused (DO NOT READ)

10) During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

1. Yes
2. No
3. Don't Know
4. Refused (DO NOT READ)

- 11) I am going to read you a series of statements, and for each, I'd like you to tell me whether you "strongly agree," "somewhat agree," "somewhat disagree" or "strongly disagree" with each.
Here's the first statement:
I feel safe from crime if I walk in my neighborhood
- 12) Here's the next statement:
I feel safe from traffic if I walk in my neighborhood
- 13) There are sidewalks on most streets in my neighborhood
(IF THEY STRONGLY DISAGREE, GO TO Q15)
- 14) The sidewalks in my neighborhood have a lot of cracks, lifted sections, tree or bush overgrowth or other problems that make it difficult to walk on them
- 15) It is easy to walk to a bus stop from my home
- 16) There are many places to be physically active in my community not including streets for walking or jogging
- 17) There are many destinations within walking distance from my home, like restaurants, grocery stores, schools, retail, service, automobile, employment, government, civic organizations, entertainment, religious, and health services.
- 18) I can do most of my shopping at local stores
- 19) It is easy to buy fresh fruits and vegetables in my neighborhood.
- 20) The fresh produce in my neighborhood is of high quality.
- 21) There is a large selection of fresh fruits and vegetables in my neighborhood.

Would you say you

1. strongly agree,
2. somewhat agree,
3. somewhat disagree, or
4. strongly disagree?
5. don't know/refused (DO NOT READ)

22) Thinking about the store where you buy most of your food, how do you usually travel to this store? (DO NOT READ LIST)

1. Car/Drive
2. Take a bus or other public transit
3. Walk
4. Bicycle
5. Other
6. Refused (DO NOT READ)

23) How far do you have to travel, whether by foot, bicycle or automobile, to get to this store? Would you say . . .

1. 0 to 5 blocks
2. 6 to 10 blocks
3. 1 to 2 miles
4. 3 or more miles
5. Don't Know
6. Refused (DO NOT READ)

24) How important is the quality of foods available in your decision to shop at the store where you buy most of your food?

25) And what about the prices of foods?

Would you say . . .

1. Very important,
2. Important
3. Somewhat important, or
4. Not at all important
5. Don't know (DO NOT READ)
6. Refused (DO NOT READ)

26) When you eat out at a restaurant or get take-out food, how important to you is convenience? Would you say . . .

1. Very important,
2. Important
3. Somewhat important, or
4. Not at all important
5. Don't know (DO NOT READ)
6. Refused (DO NOT READ)

- 27) **These next questions are about the foods you usually eat or drink. Please tell me how often you eat or drink each one, for example, twice a week, three times a month, and so forth. Remember, I am only interested in the foods you eat. Include all foods you eat, both at home and away from home.**

Not counting juice, how often do you eat fruit?

[INTERVIEWER NOTE: Read only if necessary: “Your best guess is fine. Include apples, bananas, applesauce, oranges, grape fruit, fruit salad, watermelon, cantaloupe or musk melon, papaya, lychees, star fruit, pomegranates, mangos, grapes, and berries such as blueberries and strawberries.”

INTERVIEWER NOTE: Do not count fruit jam, jelly, or fruit preserves. Do not include dried fruit in ready-to-eat cereals.

Do include dried raisins, cran-raisins if respondent tells you - but due to their small serving size they are not included in the prompt.

Do include cut up fresh, frozen, or canned fruit added to yogurt, cereal, jello, and other meal items.]

- 28) **How often do you eat green salad?**
- 29) **How often do you eat potatoes not including French fries, fried potatoes, or potato chips?**
- 30) **How often do you eat carrots?**
- 31) **Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat? (Example: A serving of vegetables at both lunch and dinner would be two servings.)**

DO NOT READ; RECORD HOW MANY SERVINGS IN THE APPROPRIATE CATEGORY:

- 1 ___ Per day
 2 ___ Per week
 3 ___ Per month
 4 ___ Per year
 55 Never
 77 Don't know / Not sure
 99 Refused

32) Which of these statements best describes the food eaten in your household in the last 12 months. Would you say . . .

1. I/we have enough of the kinds of food (I/we) want to eat, or
2. I/we have enough, but not always the kinds of food (I/we) want, or
3. Sometimes not enough to eat; or
4. Often not enough to eat?
5. Don't know/refused (DO NOT READ)

33) How likely, if at all, are you to shop at a farmers market if there is one available? Would you say . . .

1. Not at all likely
2. Somewhat likely
3. Likely, or
4. Very Likely
5. Don't know/refused (DO NOT READ)

Now I have just a few questions for classification purposes only.

34) Would you say in general your health is

1. excellent,
2. very good,
3. good,
4. fair, or
5. poor?
6. Don't know/Refused (DO NOT READ)

35) Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Service?

1. Yes
2. No
3. Don't know/Not sure
4. Refused (DO NOT READ)

36) Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?

1. Yes
2. No
3. Don't know/Not sure
4. Refused (DO NOT READ)

37) In which age category may I place you? Are you between:

1. 18 and 34 years of age
3. 35 and 49 years of age
4. 50 and 64 years of age
5. 65 or older
7. Refused (DO NOT READ)

38) Are you Hispanic, Latino/a, or Spanish origin?

1. Yes
2. No
3. Refused (DON'T READ)

**39) Which one or more of the following would you say is your race?
(READ LIST - RECORD ALL RESPONSES)**

1. White
2. Black or African American
3. Asian
4. Native American, that is American Indian or Alaska Native
5. Pacific Islander
6. Other
7. Refused (DO NOT READ)

40) Are you currently . . .

1. Employed for wages
2. Self-employed
3. Out of work for 1 year or more
4. Out of work for less than 1 year
5. A Homemaker
6. A Student
7. Retired Or
8. Unable to work
9. Refused (DO NOT READ)

41) What is the highest grade or year of school you completed?

1. Did not complete high school
2. High school graduate or GED
3. Some college
4. Associate's degree
5. Bachelor's degree
6. Graduate degree
7. Don't Know/Refused (DO NOT READ)

42) Do any children less than 18 years of age live in your household?

1. Yes
2. No
3. Refused (DON'T READ)

43) How many adults age 18 or older are in your household?

- SPECIFY: _____(number of adults)
99. Refused

44) Is your home rented or owned?

1. Rented
2. Owned
3. Don't Know/Refused (DO NOT READ)

45) What is the ZIP Code where you live?

- SPECIFY: _____
99. Don't Know/Refused (DO NOT READ)

46) What major intersection is nearest your home?

- a. SPECIFY 1st Street: _____
- b. SPECIFY 2st Street: _____
99. Don't Know/Refused (DO NOT READ)

47) Do you or anyone in your household participate in WIC* or SNAP*? (SNAP is also known as food stamps)?

{*For interviewers, if asked: SNAP=Supplemental Nutrition Assistance Program, same thing as Food Supplement Program and food stamps;

WIC=Special Supplemental Nutrition Program for Women, Infant and Children}

1. Yes
2. No
3. Refused (DO NOT READ)

48) Is your annual household income from all sources . . .

- a. Less than \$25,000? (if "yes," ask a; if "no," ask e)
- b. Less than \$15,000? (go to next question)
- c. Less than \$40,000? (If "no," ask d; if "yes," go to next question)
- d. Less than \$60,000? (If "no," ask e; if "yes," go to next question)
- e. Less than \$75,000 (go to next question)
 1. Yes
 2. No
 3. Refused (GO TO NEXT QUESTION)

49) About how much do you weigh without shoes, in pounds?

- SPECIFY: _____
99. Refused

50) About how tall are you without shoes?

- a. SPECIFY FEET: _____
- b. SPECIFY INCHES: _____
99. Refused

51) As I stated in the beginning, this survey is being conducted by Kent County, Delaware. The county received a Plan4Health grant, and the information we gathered in this survey will be used to help us create a plan as part of the grant process. Would you be interested in receiving information from Kent County about this plan as the process continues?

1. Yes
2. Yes, by e-mail only (DNR)
(GO TO Q34, ONLY COLLECT E-MAIL INFORMATION)
3. Yes, by mail only (DNR)
(GO TO Q34, ONLY COLLECT ADDRESS INFORMATION)
- 4 No (GO TO Q. 35)
5. Don't Know / Refused (DO NOT READ) (GO TO Q. 35)

**52) In order to send you the materials you requested, I need to collect your contact information. Can I please get your...
[INTERVIEWERS: COLLECT ADDRESS AND E-MAIL, UNLESS THEY ARE UNWILLING TO SHARE ONE OR THE OTHER, OR ALREADY SPECIFIED THEY ONLY WANTED TO RECEIVE IT ONE WAY OR THE OTHER]**

First/Last Name: _____

Address: _____

City/State/Zip: _____

Email address: _____

53) Thank you very much for your time. Have a great day/evening.

54) (DO NOT READ) Record Respondent Gender

1. Male
2. Female